Weighted Nutrient Analysis

Organization: Garden Grove USD
Session: 2026-2027 School Year
Menu: 2026-2027 High School Lunch Menu
Number Source: Planned
Dates: 11-02-2026 to 11-30-2026

Weighted Weekly Average

Date(s): 11-02-2026 to 11-30-2026

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	825.318*		750 min / 850 max	Pass		
Saturated Fat (g)	5.928*	6.464%	< 10%	Pass		
Sodium (mg)	1,172.835*		≤ 1280	Pass		
Added Sugars (g)	7.448*	3.61%				
Protein (g)	33.763*	16.364%				
Total Fat (g)	24.030*	26.205%				
Trans Fat (g)	0.127*					
Carbohydrates (g)	119.748*	58.037%				
Cholesterol (mg)	75.580*					
Potassium (mg)	1,026.500*					
Fiber (g)	10.480*					
Total Sugars (g)	58.430*					
Iron (g)	4.058*					
Calcium (mg)	415.729*					
Vitamin A (mcg RAE)	132.078*					
Vitamin C (mg)	40.798*					
Vitamin D (mcg)	2.864*					

* Indicates missing Nutrient Information.

July 1, 2027 Limit: ≤ 1,080 mg

July 1, 2027 Limit: No more than 10% of total weekly calories

Menu Detail

Date: 11-02-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
"Walking" Beef Taco w/ Doritos Chips with Cheese 2.5M/2G (HS)	1690737	1 serving/#8 scoop meat + #24 scoop cheese+ chips	2000	451.684	30.636
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	100	52.480	11.152

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	2000	5.040	1.069
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Salsa Cup	1733541	1 each	2000	25.000	5.000
Total			5000		
Weighted Daily Average				768.32*	111.694*
% of Calories					58.15%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-03-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Pizza, Domino's, Hawaiian (Ham & Pineapple)/8 Cut 2M/2.75G	2117148	1 slice	100	310.000	42.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G	79250	1 serving/#4 scoop pasta + breadstick	2000	468.973	41.323
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				759.977*	113.252*
% of Calories					59.608%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-04-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	2000	718.990	33.336
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	16.992
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				864.277*	110.463*
% of Calories					51.124%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-05-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Pizza, Domino's, Hawaiian (Ham & Pineapple)/8 Cut 2M/2.75G	2117148	1 slice	100	310.000	42.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Teriyaki Chicken with Garlic Noodles 3M/2G	1149738	1 serving/#8 scoop chix + #4 scoop noodles	2000	475.508	54.998
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				762.591*	118.722*
% of Calories					62.273%

* Indicates missing Nutrient Information.

Menu Detail **Date:** 11-06-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	2000	577.524	59.497
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				805.591*	120.588*
% of Calories					59.875%

* Indicates missing Nutrient Information.

Menu Detail **Date:** 11-09-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Carnitas with Refried Beans and Seasoned Rice + Tortilla Chips 2M/2.5G	1721551	1 serving/#8 scoop carnitas + #8 scoop beans + #12 scoop rice + chips	2000	764.500	80.045
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	100	52.480	11.152
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				881.431*	129.03*
% of Calories					58.555%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-10-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Pizza, Domino's, Hawaiian (Ham & Pineapple)/8 Cut 2M/2.75G	2117148	1 slice	100	310.000	42.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Pesto Sandwich 3M/3.5G (FINAL)	2133740	1 serving	2000	723.080	58.606

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				861.62*	120.165*
% of Calories					55.786%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-12-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Pizza, Domino's, Hawaiian (Ham & Pineapple)/8 Cut 2M/2.75G	2117148	1 slice	100	310.000	42.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Bacon Western Cheeseburger w/ Chips 2.5M/2G	79146	1 serving	2000	669.109	65.309
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				840.032*	122.846*
% of Calories					58.496%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-13-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	2000	520.450	54.397
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				782.761*	118.547*
% of Calories					60.579%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-16-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
"Walking" Beef Taco w/ Doritos Chips with Cheese 2.5M/2G (HS)	1690737	1 serving/#8 scoop meat + #24 scoop cheese+ chips	2000	451.684	30.636
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	$^1/_2$ cup	100	52.480	11.152
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	2000	5.040	1.069
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Salsa Cup	1733541	1 each	2000	25.000	5.000
Total			5000		
Weighted Daily Average				768.32*	111.694*
% of Calories					58.15%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-17-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Pizza, Domino's, Hawaiian (Ham & Pineapple)/8 Cut 2M/2.75G	2117148	1 slice	100	310.000	42.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Alfredo w/ Penne Pasta & Garlic Knot Roll 2M/3.5G	1303712	1 serving/#4 scoop + garlic knot roll	2000	664.617	69.987
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				838.235*	124.718*
% of Calories					59.515%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-18-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Teriyaki Hawaiian Burger w/ Chips 2M/2G	1972430	1 serving	2000	621.613	61.099
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	16.992
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				825.327*	121.568*
% of Calories					58.919%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-19-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Pizza, Domino's, Hawaiian (Ham & Pineapple)/8 Cut 2M/2.75G	2117148	1 slice	100	310.000	42.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Herb Roasted Chicken with Mashed Potatoes, Glazed Baby Carrots and Dinner Roll 2M/2G	1687689	1 serving	2000	904.710*	66.471*
Vegetables					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				934.272*	123.312*
% of Calories					52.795%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-20-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	2000	577.524	59.497
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				805.591*	120.588*
% of Calories					59.875%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-30-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Carnitas with Refried Beans and Seasoned Rice + Tortilla Chips 2M/2.5G	1721551	1 serving/#8 scoop carnitas + #8 scoop beans + #12 scoop rice + chips	2000	764.500	80.045
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	$^1/_2$ cup	100	52.480	11.152
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				881.431*	129.03*
% of Calories					58.555%

* Indicates missing Nutrient Information.