

OFFERED DAILY

LUNCH

- SPECIAL OF THE DAY (see calendar menu)
- SPECIALTY SANDWICHES
(made upon request)
 - * Roast Beef Swirlwich (Mondays)
 - * Grilled Pastrami on Rye (Tuesdays)
 - * Grilled Ham & Spinach (Wednesdays)
 - * Grilled Roast Beef & Cheese (Thursdays)
 - * Chipotle Chicken Sandwich (Fridays)
- SANDWICHES:
 - * Tuna Salad
 - * Egg Salad
 - * Veggie
 - * Turkey & Cheese
 - * Grilled Cheese
 - * Turkey Wrap
- SALADS:
 - * Chef Salad
 - * Classic Spinach Salad
 - * Signature Green Salad
 - * Chinese Chicken Salad
- SOUP:
 - * Tortilla
- PARFAIT:
 - * Vanilla Yami Yogurt (Lactose Free)
with Berries & Granola - \$8.00
- SMOOTHIE:
 - * Freshly Made 12 oz Strawberry Banana
Smoothie \$5.00

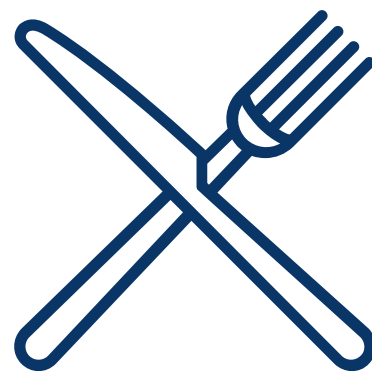


BRING YOUR
Own

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FOR MORE INFO**



Menu subject to change based on product availability.



2026-2027
GGUSD

APPLE CART
CAFE MENU



DAILY LUNCH SPECIALS

September 2026

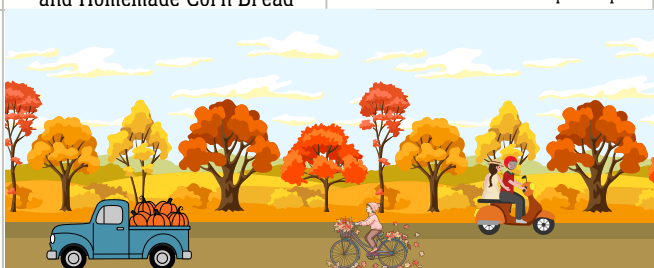
MON

TUES

WED

THURS

FRI

	1 Soup: Toscana Salad: BBQ Chicken Entree: Bone-In Chicken Wings (6) w/ BBQ or Buffalo Sauce, Potato Salad, Celery and Carrot Sicks w/ Ranch Dressing & Mini Carrot Cake	2 Soup: Tortilla Salad: Apple Cart Entree: Street Beef Hot Dog Wrapped in Bacon, topped with Sautéed Bell Peppers and Melted Mozzarella. Served with Chips and Fresh Fruit	3 Soup: Beef Barley Salad: Asian Chicken Slaw Entree: Buttered Noodles with Chicken Served with Fresh Fruit and Garlic Knot	4 Soup: Tortilla Sandwich: Chipotle Chicken Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches <i>Gluten Free Bread available upon request</i>
7 HAPPY LABOR DAY	8 Soup: Tortilla Salad: Greek Salad Entree: Tuscan Chicken Chicken Breast, Rotini Pasta, Cherry Tomatoes, Spinach, Heavy Whipping Cream. Served with a Cheese Breadstick	9 Soup: Chicken Rice Salad: Arugula, Dried Cranberry, Grape w/ Feta Cheese Entree: Beef Sliders with Melted Cheese, Shredded Lettuce, Grilled Onions & Mushrooms. with Seasoned Potato Wedges	10 Soup: Tortilla Salad: Italian Pasta Entree: Teriyaki Chicken Served over Garlic Noodles or Fried Rice, Green Onions and Veggies.	11 Soup: Tortilla Sandwich: Chipotle Chicken Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches <i>Gluten Free Bread available upon request</i>
14 Soup: Tortilla Salad: Taco Entree: Carnitas Tacos (2) Homemade Carnitas with Pico de Gallo, Cilantro, Diced Onion Corn Tortillas and Side Salad	15 Soup: French Onion Salad: Cranberry Chicken Salad on a Ciabatta Bread Entree: Chicken Parmesan with Herbed Noodles, Side Salad and a Bite Size Brownie	16 Soup: Tortilla Entree: Chicken Pho Soup \$9.00 Served w/ Bok Choy, Basil, Green Onions, Lime, Cilantro, Jalapeños, Hoisin Sauce & Chili Sauce	17 Soup: Tortilla Salad: Chef Entree: Spaghetti with Meat or Marinara Sauce Served with Small Green Salad and Garlic Cheese Bread	18 Soup: Tortilla Sandwich: Chipotle Chicken Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches <i>Gluten Free Bread available upon request</i>
21 Soup: Tortilla Salad: The Apple Cart Entree: Two Tacos Soft or Crunchy Shell Seasoned Beef. Served with Black Beans & Primavera Rice	22 Soup: Tomato Basil Salad: Winter Fresh Entree: Chicken Alfredo Topped with Creamy White Cheese Sauce and Broccoli. Served w/ an Italian Breadstick	23 Soup: Tortilla Salad: BBQ Chicken Entree: Chicken & Rice Burrito Served with Pico de Gallo, Spanish Rice, Refried Beans and Tortilla Chips	24 Soup: Minestrone Salad: Arugula, Dried Cranberry, Grape w/ Feta Cheese NEW Entree: Brisket Plate \$12.00 Served with Macaroni & Cheese and Homemade Corn Bread	25 Soup: Tortilla Sandwich: Chipotle Chicken Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches <i>Gluten Free Bread available upon request</i>
28 Soup: Tortilla Salad: Taco Entree: Caprese Chicken Chicken Breast Topped w/ Mozzarella, 2 Slices of Tomato, Fresh Basil and Balsamic Glaze Served w/ Rice Pilaf and Veggies	29 Soup: Italian Wedding Salad: The Apple Cart Entree: Pesto Chicken Sandwich Telera Roll, Chicken Breast, Pesto, Tomato, Provolone, Arugula, Side Salad OR Bag of Chips	30 Soup: Tortilla Salad: BBQ Chicken Salad Entree: Pork Pozole Bowl Radish and Cilantro, Shredded Cabbage, Lime Slices, Sliced Onions, Oregano & Avocado. Served with Bag of Chips		

Café Pricing:

Soup Bowl: \$6.00

Soup Cup: \$4.50

Whole Sandwich: \$8.00

1/2 Sandwich: \$4.00

Regular Salad: \$8.00

Petite Salad: \$7.00

Soda, Water or Iced Tea: \$1.50

Chips: \$1.25

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For more information about our menus, please visit:
gardengrove.healtheliving.net

*This institution is an equal
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Apple Cart Cafe
Cisco ext. 77707

**All entrees are
\$8.00 unless
indicated.**

Iced Tea or Spa Water
Included with Purchase
of an Entrée