Weighted Nutrient Analysis

Organization: Garden Grove USD
Session: 2026-2027 School Year
Menu: 2026-2027 Elementary Breakfast Menu
Number Source: Planned
Dates: 10-01-2026 to 10-30-2026

Weighted Weekly Average

Date(s): 10-01-2026 to 10-30-2026

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	490.204		400 min / 500 max	Pass		
Saturated Fat (g)	3.264	5.993%	< 10%	Pass		
Sodium (mg)	478.624		≤ 540	Pass		
Added Sugars (g)	7.239*	5.907%				
Protein (g)	17.454	14.242%				
Total Fat (g)	10.685	19.617%				
Trans Fat (g)	0.000*					
Carbohydrates (g)	84.463	68.921%				
Cholesterol (mg)	46.590					
Potassium (mg)	994.488*					
Fiber (g)	4.385					
Total Sugars (g)	55.836					
Iron (g)	2.794*					
Calcium (mg)	583.090*					
Vitamin A (mcg RAE)	98.675*					
Vitamin C (mg)	40.795*					
Vitamin D (mcg)	5.118*					

* Indicates missing Nutrient Information.

Sodium (mg) July 1, 2027 Limit: ≤ 485 mg

Added Sugars (g) July 1, 2027 Limit: No more than 10% of total weekly calories

Menu Detail

Date: 10-01-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Mini Chocolate Chip French Toast Bites 2G	78756	1 serving	4000	210.000	35.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Syrup Cup	78716	1 each	5000	120.000	30.000
Total			5000		
Weighted Daily Average				568.147	111.117
% of Calories					78.231%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-02-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	4000	300.000	27.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				520.147	74.717
% of Calories					57.458%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-05-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Pan Dulce, Assorted 2G	78803	1 each	4000	200.000	34.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				440.147	80.317
% of Calories					72.991%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-06-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Bagel Cheese Pizza 1M/1.25G	78720	1 serving	4000	192.000	23.600
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				433.747	71.997
% of Calories					66.395%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-07-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Yami Yogurt w/ Mini Strawberry Pancake Puffs 1M/2G	2222640	1 serving	4000	280.000	49.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				504.147	92.317
% of Calories					73.246%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-08-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Mini Cinnamon Waffles 2G	82796	1 package	4000	200.000	35.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				440.147	81.117
% of Calories					73.718%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-09-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Pork Sausage Links (2) & French Toast Sticks (2) 1M/1G	1595485	1 serving/2 links + 2 french toast sticks	4000	240.000	18.667
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Syrup Cup	78716	1 each	5000	120.000	30.000
Total			5000		
Weighted Daily Average				592.147	98.05
% of Calories					66.234%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-12-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Breakfast Bar, Banana Chocolate 2G	78768	1 each	4000	280.000	48.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				504.147	91.517
% of Calories					72.611%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-13-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	4000	210.000	26.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				448.147	73.917
% of Calories					65.976%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-14-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Colby Cheese Omelet w/ Mini Banana Muffin 2M/1G	2222924	1 each	4000	110.000	1.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				368.147	53.917
% of Calories					58.582%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-15-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
"POFFITZ" Mini Pancake Bites 2G	1595500	1 package	4000	250.000	37.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Syrup Cup	78716	1 each	4000	120.000	30.000
Total			5000		
Weighted Daily Average				576.147	106.717
% of Calories					74.09%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-16-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	4000	300.000	27.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				520.147	74.717
% of Calories					57.458%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-19-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Pan Dulce, Assorted 2G	78803	1 each	4000	200.000	34.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				440.147	80.317
% of Calories					72.991%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-20-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Bagel Cheese Pizza 1M/1.25G	78720	1 serving	4000	192.000	23.600
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				433.747	71.997
% of Calories					66.395%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-21-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Yami Yogurt w/ Mini Strawberry Pancake Puffs 1M/2G	2222640	1 serving	4000	280.000	49.000
Fruit					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				504.147	92.317
% of Calories					73.246%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-22-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Mini Chocolate Chip French Toast Bites 2G	78756	1 serving	4000	210.000	35.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				448.147	81.117
% of Calories					72.402%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-23-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Pork Sausage Links (2) & French Toast Sticks (2) 1M/1G	1595485	1 serving/2 links + 2 french toast sticks	4000	240.000	18.667
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Syrup Cup	78716	1 each	5000	120.000	30.000
Total			5000		
Weighted Daily Average				592.147	98.05
% of Calories					66.234%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-26-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Breakfast Bar, Oatmeal Chocolate Chip 2G	78832	1 serving	4000	290.000	47.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				512.147	90.717
% of Calories					70.852%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-27-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	4000	210.000	26.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				448.147	73.917
% of Calories					65.976%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-28-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Colby Cheese Omelet w/ Mini Chocolate Chip Muffin 2M/1G	1149433	1 each	4000	230.000	20.800
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				464.147	69.757
% of Calories					60.116%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-29-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Mini Cinnamon Waffles 2G	82796	1 package	4000	200.000	35.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	1000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Syrup Cup	78716	1 each	4000	120.000	30.000
Total			5000		
Weighted Daily Average				536.147	105.117
% of Calories					78.424%

* Indicates missing Nutrient Information.