

# Nutrient Detail Report

**Organization:** Garden Grove USD  
**Session:** 2025-2026 School Year  
**Menu:** 2025-2026 Elementary Breakfast Menu  
**Number Source:** Planned  
**Dates:** 05-01-2026 to 05-27-2026

## Nutrient Summary

Date(s): 05-01-2026 to 05-27-2026

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	479.348		400 min / 500 max	Pass		
Protein (g)	17.559	14.653%				
Total Fat (g)	9.115	17.114%				
Saturated Fat (g)	3.618	6.793%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	85.782	71.582%				
Cholesterol (mg)	42.391					
Sodium (mg)	467.754		≤ 540	Pass		
Potassium (mg)	958.870*					
Fiber (g)	5.159					
Sugars (g)	56.481					
Added Sugars (g)	8.308*	6.932%				
Iron (g)	2.880					
Calcium (mg)	581.715					
Vitamin A (mcg RAE)	113.956*					
Vitamin C (mg)	47.605*					
Vitamin D (mcg)	5.070*					

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 05-01-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	4000	300.000	27.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
<b>Milk</b>					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				528.357	80.774
% of Calories					61.151%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 05-04-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Pan Dulce, Assorted 2G	78803	1 each	4000	200.000	34.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
<b>Milk</b>					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				448.357	86.374
% of Calories					77.058%

\* Indicates missing Nutrient Information.

Menu Detail

Date: 05-05-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	4000	210.000	26.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
<b>Milk</b>					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				456.357	79.974
% of Calories					70.097%

\* Indicates missing Nutrient Information.

Menu Detail

Date: 05-06-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Colby Cheese Omelet w/ Mini Chocolate Chip Muffin 2M/1G	1149433	1 each	4000	228.947	20.794
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
<b>Milk</b>					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				471.514	75.809
% of Calories					64.311%

\* Indicates missing Nutrient Information.

Menu Detail

Date: 05-07-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Mini Chocolate Chip French Toast Bites 2G	78756	1 serving	4000	210.000	35.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
<b>Milk</b>					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				456.357	87.174
% of Calories					76.408%

\* Indicates missing Nutrient Information.

Menu Detail

Date: 05-08-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Pork Sausage Links (2) & French Toast Sticks (2) 1M/1G	1595485	1 serving/2 links + 2 french toast sticks	4000	240.000	18.667
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
<b>Milk</b>					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Syrup Cup	78716	1 each	4000	120.000	30.000
Total			5000		
Weighted Daily Average				576.357	98.107
% of Calories					68.088%

\* Indicates missing Nutrient Information.

Menu Detail

Date: 05-11-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Breakfast Bar, Banana Chocolate 2G	78768	1 each	4000	280.000	48.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
<b>Milk</b>					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				512.357	97.574

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
% of Calories					76.176%

\* Indicates missing Nutrient Information.

Menu Detail

Date: 05-12-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Bagel Cheese Pizza 1M/1.25G	78720	1 serving	4000	192.000	23.160
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
<b>Milk</b>					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				441.957	77.702
% of Calories					70.325%

\* Indicates missing Nutrient Information.

Menu Detail

Date: 05-13-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Trix Yogurt w/ Scooby Doo Graham Crackers 1M/1G	2072084	1 serving	4000	220.000	36.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
<b>Milk</b>					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				464.357	87.974
% of Calories					75.781%

\* Indicates missing Nutrient Information.

Menu Detail

Date: 05-14-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
"POFFITZ" Mini Pancake Bites 2G	1595500	1 package	4000	250.000	37.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
<b>Milk</b>					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Syrup Cup	78716	1 each	4000	120.000	30.000
Total			5000		
Weighted Daily Average				584.357	112.774
% of Calories					77.195%

\* Indicates missing Nutrient Information.

Menu Detail

Date: 05-15-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	4000	300.000	27.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				528.357	80.774
% of Calories					61.151%

\* Indicates missing Nutrient Information.

Menu Detail

Date: 05-18-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Pan Dulce, Assorted 2G	78803	1 each	4000	200.000	34.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				448.357	86.374
% of Calories					77.058%

\* Indicates missing Nutrient Information.

Menu Detail

Date: 05-19-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	4000	210.000	26.000
Fruit					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				456.357	79.974
% of Calories					70.097%

\* Indicates missing Nutrient Information.

Menu Detail

Date: 05-20-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Colby Cheese Omelet w/ Mini Chocolate Chip Muffin 2M/1G	1149433	1 each	4000	228.947	20.794
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				471.514	75.809
% of Calories					64.311%

\* Indicates missing Nutrient Information.

Menu Detail

Date: 05-21-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Cinnamon Roll w/ Glaze 2.25G (Bake Crafters)	1295610	1 each	4000	300.000	54.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
Misc.					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				528.357	102.374
% of Calories					77.503%

\* Indicates missing Nutrient Information.

Menu Detail

Date: 05-22-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Mini Confetti Pancakes 2G	1832526	1 package	4000	7.408	1.270
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
<b>Milk</b>					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				294.283	60.189
% of Calories					81.812%

\* Indicates missing Nutrient Information.

Menu Detail

Date: 05-26-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	1000	110.000	23.000
Breakfast Bar, Oatmeal Chocolate Chip 2G	78832	1 serving	4000	290.000	47.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
<b>Milk</b>					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	1000	80.000	0.000
Total			5000		
Weighted Daily Average				520.357	96.774
% of Calories					74.39%

\* Indicates missing Nutrient Information.

Menu Detail

Date: 05-27-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Breakfast Entree</b>					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G (General Mills)	1822226	1 container	5000	110.000	23.000
<b>Fruit</b>					
Fruit, Fresh, Assorted (BKF)	78657	1 each	5000	81.357	20.974
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
<b>Milk</b>					
Milk, 1% Low Fat, Hollandia	1832144	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	4000	110.000	20.000
<b>Misc.</b>					
String Cheese 1M	78782	1 each	5000	80.000	0.000
Total			5000		
Weighted Daily Average				440.357	77.574
% of Calories					70.464%

\* Indicates missing Nutrient Information.