

# Nutrient Detail Report

**Organization:** Garden Grove USD  
**Session:** 2025-2026 School Year  
**Menu:** 2025-2026 Intermediate Breakfast Menu  
**Number Source:** Planned  
**Dates:** 01-05-2026 to 01-30-2026

## Nutrient Summary

Date(s): 01-05-2026 to 01-30-2026

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	422.087		400 min / 550 max	Pass		
Protein (g)	12.739	12.072%				
Total Fat (g)	10.916	23.277%				
Saturated Fat (g)	4.858	10.359%	< 10%	Fail	0.359	Too much Saturated Fat (10.36 of 10.00)
Trans Fat (g)	0.000*					
Carbohydrates (g)	70.864	67.156%				
Cholesterol (mg)	59.014					
Sodium (mg)	379.733		≤ 600	Pass		
Potassium (mg)	562.919*					
Fiber (g)	3.741*					
Sugars (g)	44.281*					
Added Sugars (g)	8.716*	8.26%				
Iron (g)	1.640*					
Calcium (mg)	336.603*					
Vitamin A (mcg RAE)	87.525*					
Vitamin C (mg)	30.242*					
Vitamin D (mcg)	2.838*					

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-06-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-07-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
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Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-08-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-09-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
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Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-12-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
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Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-13-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-14-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
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Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-15-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
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Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-16-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
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Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-20-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
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Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-21-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-22-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-23-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200



Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-26-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-27-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-28-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-29-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 01-30-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

\* Indicates missing Nutrient Information.