

OFFERED DAILY

LUNCH

- SPECIAL OF THE DAY (see calendar menu)
- SPECIALTY SANDWICHES
(made upon request)
 - * Roast Beef Swirlwich (Mondays)
 - * Grilled Pastrami on Rye (Tuesdays)
 - * Grilled Ham & Spinach (Wednesdays)
 - * Grilled Roast Beef & Cheese (Thursdays)
 - * Chipotle Chicken Sandwich (Fridays)
- SANDWICHES:
 - * Tuna Salad
 - * Egg Salad
 - * Veggie
 - * Turkey & Cheese
 - * Grilled Cheese
 - * Turkey Wrap
- SALADS:
 - * Chef Salad
 - * Classic Spinach Salad
 - * Signature Green Salad
 - * Chinese Chicken Salad
- SOUP:
 - * Tortilla
- PARFAIT:
 - * Vanilla Yami Yogurt (Lactose Free)
with Berries & Granola - \$8.00
- SMOOTHIE:
 - * Freshly Made 12 oz Strawberry Banana
Smoothie \$5.00



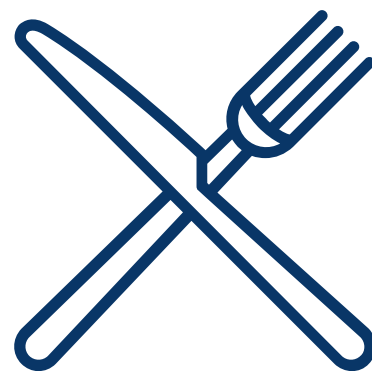
BRING YOUR

Own

**SCAN THE QR CODE
FOR MORE INFO**



Menu subject to change based on product availability.



**2026-2027
GGUSD**

APPLE CART
CAFE MENU



DAILY LUNCH SPECIALS

October 2026

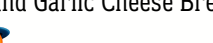
MON

TUES

WED

THURS

FRI

			1 Soup: Tortilla Entree: Baked Potato Choice of Steamed Broccoli/ Carrots & Cheddar Cheese or Chili Beans w/ Green Onions	2 Soup: Tortilla Sandwich: Chipotle Chicken Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches Gluten Free Bread available upon request
5 Soup: Albondiga Salad: The Apple Cart Entree: Taco Bowl Seasoned Ground Beef or Fajita Chicken, with Lettuce, Pico de Gallo, Cheese, Sour Cream, Olives Served in a Tortilla Bowl	6 Soup: Tortilla Salad: Italian Pasta Entree: Tuscan Chicken Chicken Breast, Rotini Pasta, Cherry Tomatoes, Spinach, Heavy Whipping Cream. Served with a Cheese Breadstick	7 Soup: Butternut Squash Salad: BBQ Chicken Entree: Bone-In Chicken Wings (6) w/ BBQ or Buffalo Sauce, Potato Salad, Celery and Carrot Sicks w/ Ranch Dressing & Mini Carrot Cake	8 Soup: Tortilla Entree: Teriyaki Chicken Served over Garlic Noodles Green Onions and Veggies 	9 Soup: Tortilla Sandwich: Chipotle Chicken Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches Gluten Free Bread available upon request
12 Soup: Asian Dumpling Salad: Southwest Entree: Beef or Turkey Burger Served on Brioche Bun or Protein Style w/ Tomato, Lettuce, Onion, Potato Wedges and Fresh Fruit	13 Soup: Tortilla Salad: Asian Chicken Slaw Entree: Breakfast for Lunch Potato, Sausage or Bacon Burrito Filled w/ Egg and Cheese, Served w/ Iced Coffee	14 Soup: Toscana Salad: Cranberry Chicken on Ciabatta Bread Entree: Baja Fish Tacos Shredded Cabbage, Pico de Gallo, Baja Sauce. Served w/ Spanish Rice, Beans & Tortilla Chips	15 Soup: Tortilla Entree: Spaghetti with Meat or Marinara Sauce Served with Small Green Salad and Garlic Cheese Bread 	16 Soup: Tortilla Sandwich: Chipotle Chicken Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches Gluten Free Bread available upon request
19 Soup: French Onion Entree: General Tso Chicken Served with Fried Rice, Steamed Veggies and a Fortune Cookie	20 Soup: Tortilla Salad: The Apple Cart Entree: Chicken & Rice Burrito Served with Pico de Gallo, Spanish Rice, Refried Beans and Tortilla Chips	21 Soup: Tortilla Entree: Chicken Pho Soup \$9.00 Served w/ Bok Choy, Basil, Green Onions, Lime, Cilantro, Jalapeños, Hoisin Sauce & Chili Sauce	22 Soup: Tortilla Salad: Taco Entree: Buttered Noodles with Chicken Served with Fresh Fruit and a Garlic Knot 	23 Soup: Tortilla Sandwich: Chipotle Chicken Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches Gluten Free Bread available upon request
26 Soup: Chicken Rice Salad: Mexican Summer with Lime Dressing Entree: Arroz con Pollo Served with Steamed Vegetables and a Dinner Roll	27 Soup: Tortilla Salad: The Apple Cart Entree: Oktoberfest BBQ Lunch NEW \$10.00 German Bratwurst Grilled on Site Sautéed Onions and Sauerkraut Served with Potato Salad & Fruit	28 Soup: Toscana Salad: Italian Pasta Entree: Teriyaki Hawaiian Burger Hawaiian Bun, Pineapple Ring, Provolone Cheese and Teriyaki Sauce and Arugula Served with Bag of Chips	29 Soup: Tortilla Entree: Pesto Chicken Sandwich on Telera Roll Chicken Breast, Pesto, Tomato, Provolone, Arugula, Side Salad OR Bag of Chips	30  Non-Student Day

Café Pricing:

Soup Bowl: \$6.00

Soup Cup: \$4.50

Whole Sandwich: \$8.00

1/2 Sandwich: \$4.00

Regular Salad: \$8.00

Petite Salad: \$7.00

Soda, Water or Iced Tea: \$1.50

Chips: \$1.25



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For more information about our menus, please visit:
gardengrove.healtheliving.net

This institution is an equal
opportunity provider.



Apple Cart Cafe
Cisco ext. 77707

All entrees are
\$8.00 unless
indicated.

Iced Tea or Spa Water
Included with Purchase
of an Entrée