Weighted Nutrient Analysis

Organization: Garden Grove USD
Session: 2026-2027 School Year
Menu: 2026-2027 Intermediate Lunch Menu
Number Source: Planned
Dates: 12-01-2026 to 12-18-2026

Weighted Weekly Average

Date(s): 12-01-2026 to 12-18-2026

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	619.892*		600 min / 700 max	Pass		
Saturated Fat (g)	3.679*	5.341%	< 10%	Pass		
Sodium (mg)	930.537*		≤ 1225	Pass		
Added Sugars (g)	6.793*	4.383%				
Protein (g)	28.380*	18.313%				
Total Fat (g)	15.477*	22.471%				
Trans Fat (g)	0.000*					
Carbohydrates (g)	92.610*	59.759%				
Cholesterol (mg)	45.539*					
Potassium (mg)	776.269*					
Fiber (g)	6.334*					
Total Sugars (g)	42.753*					
Iron (g)	3.623*					
Calcium (mg)	510.533*					
Vitamin A (mcg RAE)	114.744*					
Vitamin C (mg)	27.572*					
Vitamin D (mcg)	3.304*					

* Indicates missing Nutrient Information.

July 1, 2027 Limit: ≤ 1,035 mg

July 1, 2027 Limit: No more than 10% of total weekly calories

Menu Detail

Date: 12-01-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Mandarin Orange Chicken (#6 scoop) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (INT)	2163323	1 serving/#6 scoop chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	516.190	99.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	320.000	34.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Asian Chicken Wrap w/ Sesame Dressing Cup 2M/2G	1291069	1 serving	100	432.220*	49.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	1000	7.800	1.888
Fruit					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit, Fresh, Assorted	78755	1 each	500	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	500	84.200	20.200
Dried Fruit, Assorted	78632	1 each	500	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	500	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				653.812*	97.103*
% of Calories					59.407%

* Indicates missing Nutrient Information.

Menu Detail

Date: 12-02-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Mandarin Orange Chicken (#6 scoop) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (INT)	2163323	1 serving/#6 scoop chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	516.190	99.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	320.000	34.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Asian Chicken Wrap w/ Sesame Dressing Cup 2M/2G	1291069	1 serving	100	432.220*	49.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	1000	13.410	2.898
Fruit					
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	500	84.200	20.200
Dried Fruit, Assorted	78632	1 each	500	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	400	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				659.253*	99.19*
% of Calories					60.183%

* Indicates missing Nutrient Information.

Menu Detail

Date: 12-03-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Asian Chicken Wrap w/ Sesame Dressing Cup 2M/2G	1291069	1 serving	100	432.220*	49.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	500	84.200	20.200
Dried Fruit, Assorted	78632	1 each	500	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	500	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				532.907*	79.614*
% of Calories					59.758%

* Indicates missing Nutrient Information.

Menu Detail

Date: 12-04-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Mandarin Orange Chicken (#6 scoop) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (INT)	2163323	1 serving/#6 scoop chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	516.190	99.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	320.000	34.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Asian Chicken Wrap w/ Sesame Dressing Cup 2M/2G	1291069	1 serving	100	432.220*	49.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
Fruit					
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	500	84.200	20.200
Dried Fruit, Assorted	78632	1 each	500	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	500	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				680.971*	101.209*
% of Calories					59.45%

* Indicates missing Nutrient Information.

Menu Detail

Date: 12-07-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	300	292.020	33.035
Asian Chicken Wrap w/ Sesame Dressing Cup 2M/2G	1291069	1 serving	100	432.220*	49.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	500	52.480	11.152
Fruit					
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	500	84.200	20.200
Dried Fruit, Assorted	78632	1 each	500	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	500	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				541.941*	81.074*
% of Calories					59.84%

* Indicates missing Nutrient Information.

Menu Detail

Date: 12-08-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Mandarin Orange Chicken (#6 scoop) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (INT)	2163323	1 serving/#6 scoop chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	516.190	99.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	320.000	34.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Asian Chicken Wrap w/ Sesame Dressing Cup 2M/2G	1291069	1 serving	100	432.220*	49.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	1000	7.800	1.888
Fruit					
Fruit, Fresh, Assorted	78755	1 each	500	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	500	84.200	20.200
Dried Fruit, Assorted	78632	1 each	500	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	500	150.000	11.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				653.812*	97.103*
% of Calories					59.407%

* Indicates missing Nutrient Information.

Menu Detail

Date: 12-09-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Mandarin Orange Chicken (#6 scoop) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (INT)	2163323	1 serving/#6 scoop chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	516.190	99.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	320.000	34.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Asian Chicken Wrap w/ Sesame Dressing Cup 2M/2G	1291069	1 serving	100	432.220*	49.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	5000	13.410	2.898
Fruit					
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	500	84.200	20.200
Dried Fruit, Assorted	78632	1 each	500	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	400	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				669.981*	101.508*
% of Calories					60.604%

* Indicates missing Nutrient Information.

Menu Detail

Date: 12-10-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Asian Chicken Wrap w/ Sesame Dressing Cup 2M/2G	1291069	1 serving	100	432.220*	49.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	500	84.200	20.200
Dried Fruit, Assorted	78632	1 each	500	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	500	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				532.907*	79.614*
% of Calories					59.758%

* Indicates missing Nutrient Information.

Menu Detail

Date: 12-11-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Mandarin Orange Chicken (#6 scoop) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (INT)	2163323	1 serving/#6 scoop chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	516.190	99.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	320.000	34.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Asian Chicken Wrap w/ Sesame Dressing Cup 2M/2G	1291069	1 serving	100	432.220*	49.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
Fruit					
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	500	84.200	20.200
Dried Fruit, Assorted	78632	1 each	500	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	500	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				680.971*	101.209*
% of Calories					59.45%

* Indicates missing Nutrient Information.

Menu Detail

Date: 12-14-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	300	292.020	33.035
Asian Chicken Wrap w/ Sesame Dressing Cup 2M/2G	1291069	1 serving	100	432.220*	49.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	500	52.480	11.152
Fruit					
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	500	84.200	20.200
Dried Fruit, Assorted	78632	1 each	500	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	500	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				541.941*	81.074*
% of Calories					59.84%

* Indicates missing Nutrient Information.

Menu Detail

Date: 12-15-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Mandarin Orange Chicken (#6 scoop) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (INT)	2163323	1 serving/#6 scoop chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	516.190	99.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	320.000	34.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Asian Chicken Wrap w/ Sesame Dressing Cup 2M/2G	1291069	1 serving	100	432.220*	49.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	1000	23.000	5.500
Fruit					
Fruit, Fresh, Assorted	78755	1 each	500	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	500	84.200	20.200
Dried Fruit, Assorted	78632	1 each	500	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	500	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				656.852*	97.826*
% of Calories					59.572%

* Indicates missing Nutrient Information.

Menu Detail

Date: 12-16-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Mandarin Orange Chicken (#6 scoop) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (INT)	2163323	1 serving/#6 scoop chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	516.190	99.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	320.000	34.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Asian Chicken Wrap w/ Sesame Dressing Cup 2M/2G	1291069	1 serving	100	432.220*	49.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	1000	13.410	2.898
Fruit					
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	500	84.200	20.200
Dried Fruit, Assorted	78632	1 each	500	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	400	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				659.253*	99.19*
% of Calories					60.183%

* Indicates missing Nutrient Information.

Menu Detail

Date: 12-17-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Asian Chicken Wrap w/ Sesame Dressing Cup 2M/2G	1291069	1 serving	100	432.220*	49.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	500	84.200	20.200
Dried Fruit, Assorted	78632	1 each	500	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	500	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				532.907*	79.614*
% of Calories					59.758%

* Indicates missing Nutrient Information.

Menu Detail

Date: 12-18-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Mandarin Orange Chicken (#6 scoop) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (INT)	2163323	1 serving/#6 scoop chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	516.190	99.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	320.000	34.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Asian Chicken Wrap w/ Sesame Dressing Cup 2M/2G	1291069	1 serving	100	432.220*	49.552*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
Fruit					
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	500	84.200	20.200
Dried Fruit, Assorted	78632	1 each	500	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	500	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				680.971*	101.209*
% of Calories					59.45%

* Indicates missing Nutrient Information.