

# OFFERED DAILY

## LUNCH

SPECIAL OF THE DAY (see calendar menu)

### SANDWICHES:

- Tuna Salad
- Egg Salad
- Veggie
- Turkey & Cheese
- Grilled Cheese
- Turkey Wrap

### SALADS:

- Chef Salad
- Classic Spinach Salad
- Signature Green Salad
- Chinese Chicken Salad

### SOUP:

- Tortilla

### PARFAIT:

- Vanilla Yami Yogurt (Lactose Free)  
with Berries & Granola - \$7.00

### SMOOTHIE:

- Freshly Made 12 oz Strawberry Banana  
Smoothie \$5.00



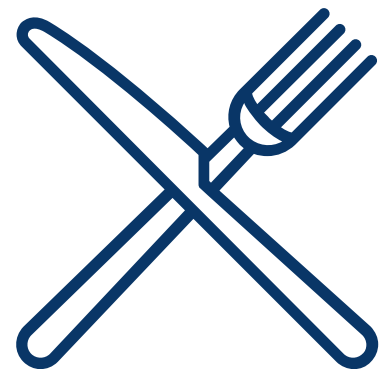
**BRING YOUR**

*Own*

**SCAN THE QR CODE  
FOR MORE INFO**



Menu subject to change based on product availability.



**2025-2026  
GGUSD**

APPLE CART  
CAFE MENU



# DAILY LUNCH SPECIALS

# May 2026

MON

TUES

WED

THURS

FRI

2



6

1 **SCHOOL LUNCH HERO DAY**  
 Soup: Tortilla

Apple, Cheese & Fig Jam Panini  
 Assorted Salads and Boar's Head  
 Deli Meat Sandwiches  
 Gluten Free Bread available upon request

4 **Soup:** Tortilla  
**Salad:** BBQ Chicken  
**Entree:** General Tso Chicken  
 Served with Fried Rice,  
 Steamed Veggies and  
 a Fortune Cookie

5 **Soup:** Beef Barley  
**Salad:** Taco  
**Entree:** Carnitas Tacos (2)  
 Homemade Carnitas with Pico de  
 Gallo, or Salsa, Cilantro, Onion  
 Refried Beans and Green Salad

6 **Soup:** Tortilla  
**Salad:** Apple Cart  
**Entree:** Baked Potato  
 Choice of Steamed Broccoli/  
 Carrots & Cheddar Cheese or  
 Chili Beans w/ Green Onions

7 **Soup:** Asian Dumpling  
**Salad:** Mexican Summer  
 with Lime Dressing  
**Entree:** Spaghetti  
 with Meat or Marinara Sauce  
 Served with Green Salad  
 & Homemade Garlic Bread

8 **Soup:** Tortilla  
 Apple, Cheese & Fig Jam Panini  
 Assorted Salads and Boar's Head  
 Deli Meat Sandwiches  
 Gluten Free Bread available upon request

11 **Soup:** Mushroom  
**Salad:** Greek  
**Entree:** Taco Bowl  
 Seasoned Ground Beef or Fajita  
 Chicken with Lettuce, Pico de  
 Gallo, Cheese, Sour Cream, Olives,  
 Served in Tortilla Bowl

12 **Soup:** Tortilla  
**Salad:** Broccoli  
**Entree:** Tuscan Chicken  
 Rotini Pasta, Cherry Tomatoes,  
 Spinach, Heavy Cream with  
 a Cheese Breadstick

13 **Soup:** French Onion  
**Salad:** Arugula, Dried Cranberry,  
 Grape w/ Feta Cheese  
**Entree:** Apple Cart Sliders  
 Served on Brioche Bun or Protein  
 Style w/ Tomato, Lettuce, Onion,  
 Potato Wedges and Fresh Fruit

14 **Soup:** Tortilla  
**Salad:** Italian Pasta  
**Entree:** Baked Greek Chicken  
 with Potatoes, Seasoned  
 with Greek Spices and Lemon  
 Served with a Side Salad

15 **Soup:** Tortilla  
 Apple, Cheese & Fig Jam Panini  
 Assorted Salads and Boar's Head  
 Deli Meat Sandwiches  
 Gluten Free Bread available upon request



we're  
**CLOSED**  
 for the  
**SUMMER**



**Café Pricing:**  
 Soup Bowl: \$6.00  
 Soup Cup: \$4.50  
 Whole Sandwich: \$7.00  
 1/2 Sandwich: \$3.50  
 Regular Salad: \$7.50  
 Petite Salad: \$6.50  
 Soda, Water or Iced Tea: \$1.25  
 Chips: \$1.25

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Apple Cart Cafe  
 Cisco ext. 77707

For more information about our menus, please visit:  
[gardengrove.healtheliving.net](http://gardengrove.healtheliving.net)

All entrees are \$7.00 unless indicated.  
 Iced Tea or Spa Water Included with Purchase of an Entrée