

October 2026

MARK TWAIN K-12 BREAKFAST & LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Breakfast

Assorted Pan Dulce

Lunch

Chicken Tenders
Steamed Carrots
Chilled Fruit Cup
Brookie Treat

Breakfast

Cereal with String Cheese

Lunch

Buttered Noodles
with Seasoned Chicken
Dinner Roll
Steamed Green Peas
Chilled Fruit Cup

Breakfast

Yami Peach Yogurt with
Mini Strawberry Pancake Puffs

Lunch

Hamburger
Nacho Cheese Doritos
Mashed Potatoes
Fresh Banana

Breakfast

Mini Cinnamon
Waffle Bites

Lunch

BBQ Chicken Drumstick
with Garlic Texas Toast
Mashed Sweet Potatoes
Chilled Fruit Cup

Breakfast

Pork Sausage Links*
with French Toast Sticks

Lunch

Cheesy Pull Apart Bread
with Marinara Sauce Cup
Steamed Broccoli
Chilled Fruit Cup

ADDITIONAL MENU INFO

Breakfast is served with the choice of fruit, 100% fruit juice, and 1% low-fat unflavored, fat-free chocolate milk, or unflavored whole milk.

Lunch is served with a variety of fruits & vegetables, 100% fruit juice, and 1% low-fat unflavored, fat-free chocolate milk, or unflavored whole milk.



October is **National Farm to School Month!** This month, be on the lookout for rainbow carrots, grapes, oranges and other seasonal fruit on the salad bar!

National School Lunch Week!



Breakfast
Mini Cinnis

12

Lunch

Crispy Chicken Dippers
Mashed Potatoes
Chilled Fruit Cup
Mixed Berry Animal Crackers



Breakfast

Cereal with String Cheese

13

Lunch

Beef Taco Sandwich
Refried Beans
Chilled Fruit Cup



Breakfast

Colby Cheese Omelet &
Mini Banana Muffin

14

Lunch

Breaded Chicken Fillet Sandwich
Mashed Sweet Potatoes
Fresh Banana



Breakfast

"POFFITZ" Mini
Pancake Bites

15

Lunch

Grilled Cheese Sandwich
Steamed Green Beans
Chilled Fruit Cup



Breakfast

Ham* & Cheese Croissant

16

Lunch

Tukey Sausage Pizza
Steamed Broccoli
Chilled Fruit Cup



"Cafeteria Circus: Where Nutrition Takes Center Stage."

Breakfast

Assorted Pan Dulce

19

Lunch

Macaroni & Cheese
Steamed Green Peas
Chilled Fruit Cup
Chocolate Chip Cookie

Breakfast

Cereal with String Cheese

20

Lunch

Whole Muscle Chicken Tenders
Steamed Green Beans
Chilled Fruit Cup

Breakfast

Yami Peach Yogurt with
Mini Strawberry Pancake Puffs

21

Lunch

Pork Sausage Patties*
with French Toast
Mashed Sweet Potatoes
Fresh Banana



Breakfast

Mini Chocolate Chip
French Toast Bites

22

Lunch

Mini Cheeseburger Sliders
Mashed Potatoes
Chilled Fruit Cup

Breakfast

Pork Sausage Links*
with French Toast Sticks

23

Lunch

Cheese Quesadilla
Refried Beans
Chilled Fruit Cup



Breakfast

Mini Cinnis

26

Lunch

Breaded Chicken Drumstick
with Belgian Waffle
Mashed Sweet Potatoes
Chilled Fruit Cup

Breakfast

Cereal with String Cheese

27

Lunch

Spaghetti with Meat Sauce
& Cheesy Breadstick
Steamed Broccoli
Chilled Fruit Cup



Breakfast

Colby Cheese Omelet &
Mini Banana Muffin

28

Lunch

Breaded Popcorn Chicken
Steamed Green Peas
Fresh Banana
Pumpkin Cookie



Breakfast

Mini Cinnamon
Waffle Bites

29

Lunch

Mandarin Orange Chicken
with Mashed Potatoes
Chilled Fruit Cup
Blueberry Muffin

NON-STUDENT DAY



*** = CONTAINS PORK**

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This institution is an equal opportunity provider. Menu is subject to change depending on product availability.

Adult / Non-GGUSD
Student / Ala Carte Pricing
Breakfast: \$4.50
Lunch: \$8.00