

OFFERED DAILY

LUNCH

SPECIAL OF THE DAY (see calendar menu)

SANDWICHES:

- Tuna Salad
- Egg Salad
- Veggie
- Turkey & Cheese
- Grilled Cheese
- Turkey Wrap

SALADS:

- Chef Salad
- Classic Spinach Salad
- Signature Green Salad
- Chinese Chicken Salad

SOUP:

- Tortilla

PARFAIT:

- Vanilla Yami Yogurt (Lactose Free)
with Berries & Granola - \$7.00

SMOOTHIE:

- Freshly Made 12 oz Strawberry Banana
Smoothie \$5.00



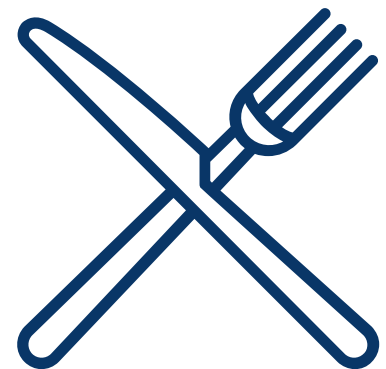
BRING YOUR

Own

**SCAN THE QR CODE
FOR MORE INFO**



Menu subject to change based on product availability.



**2025-2026
GGUSD**

APPLE CART
CAFE MENU



DAILY LUNCH SPECIALS



April 2026



MON

TUES

WED

THURS

FRI



6 **Soup:** Tortilla
Salad: BBQ Chicken
Entree: Cajun Blackened Chicken Sandwich or *Protein Style Served with Cheese Bread and Side of Potato Salad

7 **Soup:** Butternut Squash
Salad: Mexican Summer with Lime Dressing
Entree: Chicken & Rice Burrito Served w/ Pico de Gallo, Rice, Refried Beans & Tortilla Chips

1 **Soup:** Tortilla
Salad: Santa Fe
Entree: Beef or Turkey Burger Served on Brioche Bun or Protein Style w/ Tomato, Lettuce, Onion, Potato Wedges and Fresh Fruit

8 **Soup:** Tortilla
Salad: Greek
Entree: Baked Potato Choice of Steamed Broccoli/ Carrots & Cheddar Cheese or Chili Beans w/ Green Onions

2 **Soup:** Albondigas
Salad: The Apple Cart
Entree: Pork Chili Verde Served with 2 Corn Tortillas and a Side of Refried Beans and Spanish Rice

9 **Soup:** Mushroom
Salad: Taco
Entree: Teriyaki Chicken Served with Garlic Noodles, Green Onions, and Veggies
Special Pineapple Upside Down Cake

3 **Soup:** Tortilla
Apple, Cheese & Fig Jam Panini
Assorted Salads and Boar's Head Deli Meat Sandwiches
Gluten Free Bread available upon request

10 **Soup:** Tortilla
Apple, Cheese & Fig Jam Panini
Assorted Salads and Boar's Head Deli Meat Sandwiches
Gluten Free Bread available upon request

13 **Soup:** Tortilla
Salad: Asian Chicken Slaw
Entree: Arroz con Pollo Served with Steamed Veggies and a Side Salad

14 **Soup:** Minestrone
Salad: Santa Fe
Entree: Tuscan Chicken Cherry Tomatoes, Spinach, Heavy Cream w/ a Cheese Breadstick

15 **Soup:** Tortilla
Entree: Chicken Pho Soup **\$9.00**
Served w/ Bok Choy, Basil, Green Onions, Lime, Cilantro, Jalapeños, Hoisin Sauce & Chili Sauce

16 **Soup:** Italian Wedding
Salad: Chipotle Chicken
Entree: Spaghetti with Meat or Marinara Sauce Served with Green Salad & Homemade Garlic Bread

17 **Soup:** Tortilla
Apple, Cheese & Fig Jam Panini
Assorted Salads and Boar's Head Deli Meat Sandwiches
Gluten Free Bread available upon request

20 **Soup:** Tortilla
Salad: BBQ Chicken
Entree: Baked Greek Chicken with Potatoes, Seasoned with Greek Spices and Lemon Served with a Side Salad

21 **Soup:** Chicken Rice
Salad: Cobb
Entree: Chicken Parmesan Breaded Chicken topped with Marinara Sauce and Mozzarella Cheese. Served with Side Salad

22 **Soup:** Tortilla
Salad: Apple Cart
Entree: Pork Pozole Bowl Served with Radish, Cabbage, Lime, Chopped Onion, Oregano & Avocado Served w/ Bag of Tortilla Chips

23 **Soup:** Toscana
Salad: Chipotle Chicken
Entree: General Tso Chicken Served with Chow Mein, Steamed Veggies and a Fortune Cookie
***** Cafe closes at 1PM *****

24 **Soup:** Tortilla
Apple, Cheese & Fig Jam Panini
Assorted Salads and Boar's Head Deli Meat Sandwiches
Gluten Free Bread available upon request

27 **Soup:** Tortilla
Salad: Santa Fe Salad
Entree: Hawaiian Burger on Hawaiian Bun with Pineapple Ring, Provolone Cheese & Teriyaki Sauce and a Bag of Chips

28 **Soup:** Asian Dumpling
Salad: Chicken Waldorf
Entree: Carnitas Tacos (2) Homemade Carnitas with Pico de Gallo, or Salsa, Cilantro, Onion Refried Beans and Green Salad

29 **Soup:** Tortilla
Salad: Southwest
Entree: Caprese Chicken Topped w/ Mozzarella, Tomato, Fresh Basil, and Drizzle of Balsamic Glaze. Served w/ Rice Pilaf

30 **Soup:** Corn Chowder
Salad: BBQ Chicken
Entree: Chicken Shawarma Plate
Oven Roasted Chicken with Shawarma Spices. Served with Rice and Cucumber & Tomato Salad



Café Pricing:
Soup Bowl: \$6.00
Soup Cup: \$4.50
Whole Sandwich: \$7.00
1/2 Sandwich: \$3.50
Regular Salad: \$7.50
Petite Salad: \$6.50
Soda, Water or Iced Tea: \$1.25
Chips: \$1.25



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Apple Cart Cafe
Cisco ext. 77707

For more information about our menus, please visit: gardengrove.healtheliving.net

