Weighted Nutrient Analysis

Organization: Garden Grove USD
Session: 2026-2027 School Year
Menu: 2026-2027 High School Lunch Menu
Number Source: Planned
Dates: 10-01-2026 to 10-30-2026

Weighted Weekly Average

Date(s): 10-01-2026 to 10-30-2026

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	818.561*		750 min / 850 max	Pass		
Saturated Fat (g)	6.359*	6.992%	< 10%	Pass		
Sodium (mg)	1,153.939*		≤ 1280	Pass		
Added Sugars (g)	7.111*	3.475%				
Protein (g)	32.386*	15.826%				
Total Fat (g)	24.416*	26.846%				
Trans Fat (g)	0.122*					
Carbohydrates (g)	118.734*	58.021%				
Cholesterol (mg)	72.985*					
Potassium (mg)	1,128.893*					
Fiber (g)	10.104*					
Total Sugars (g)	58.321*					
Iron (g)	3.855*					
Calcium (mg)	417.174*					
Vitamin A (mcg RAE)	121.695*					
Vitamin C (mg)	40.515*					
Vitamin D (mcg)	2.896*					

* Indicates missing Nutrient Information.

July 1, 2027 Limit: ≤ 1,080 mg

July 1, 2027 Limit: No more than 10% of total weekly calories

Menu Detail

Date: 10-01-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Pizza, Domino's, Hawaiian (Ham & Pineapple)/8 Cut 2M/2.75G	2117148	1 slice	100	310.000	42.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Creamy Cajun Chicken Pasta w/ Texas Toast 2.5M/2.25G	1423602	1 serving/1 cup + garlic toast	2000	586.898	46.947
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				807.147*	115.502*
% of Calories					57.24%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-02-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	2000	520.450	54.397
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				782.761*	118.547*
% of Calories					60.579%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-05-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
"Walking" Beef Taco w/ Doritos Chips with Cheese 2.5M/2G (HS)	1690737	1 serving/#8 scoop meat + #24 scoop cheese+ chips	2000	451.684	30.636
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	$^1/_2$ cup	100	52.480	11.152
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Weighted Daily Average				756.304*	109.266*
% of Calories					57.79%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-06-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Pizza, Domino's, Hawaiian (Ham & Pineapple)/8 Cut 2M/2.75G	2117148	1 slice	100	310.000	42.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G	79250	1 serving/#4 scoop pasta + breadstick	2000	468.973	41.323
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				759.977*	113.252*
% of Calories					59.608%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-07-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	2000	718.990	33.336
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	16.992
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				864.277*	110.463*
% of Calories					51.124%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-08-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Pizza, Domino's, Hawaiian (Ham & Pineapple)/8 Cut 2M/2.75G	2117148	1 slice	100	310.000	42.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Teriyaki Chicken with Garlic Noodles 3M/2G	1149738	1 serving/#8 scoop chix + #4 scoop noodles	2000	475.508	54.998
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				762.591*	118.722*
% of Calories					62.273%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-09-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	2000	577.524	59.497
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				805.591*	120.588*
% of Calories					59.875%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-12-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Carnitas with Refried Beans and Seasoned Rice + Tortilla Chips 2M/2.5G	1721551	1 serving/#8 scoop carnitas + #8 scoop beans + #12 scoop rice + chips	2000	764.500	80.045
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	$^1/_2$ cup	100	52.480	11.152
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				881.431*	129.03*
% of Calories					58.555%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-13-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Pizza, Domino's, Hawaiian (Ham & Pineapple)/8 Cut 2M/2.75G	2117148	1 slice	100	310.000	42.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Pesto Sandwich 3M/3.5G (FINAL)	2133740	1 serving	2000	757.477	59.982
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				875.379*	120.716*
% of Calories					55.16%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-14-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Bacon Western Cheeseburger w/ Chips 2.5M/2G	79146	1 serving	2000	669.109	65.309
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	16.992
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
BBQ Sauce	2217941	1 serving/1 oz	2000	68.108	17.514
Total			5000		
Weighted Daily Average				871.568*	130.257*
% of Calories					59.781%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-15-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Pizza, Domino's, Hawaiian (Ham & Pineapple)/8 Cut 2M/2.75G	2117148	1 slice	100	310.000	42.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Spaghetti w/ Bosco's Cheesy Breadstick (INT/HS) 2M/3G	2083324	1 serving/1 cup spaghetti + 1 breadstick	2000	408.509*	50.624*
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				735.791*	116.973*
% of Calories					63.59%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-16-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	2000	520.450	54.397
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				782.761*	118.547*
% of Calories					60.579%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-19-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
"Walking" Beef Taco w/ Doritos Chips with Cheese 2.5M/2G (HS)	1690737	1 serving/#8 scoop meat + #24 scoop cheese+ chips	2000	451.684	30.636
Vegetables					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	100	52.480	11.152
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				756.304*	109.266*
% of Calories					57.79%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-20-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Pizza, Domino's, Hawaiian (Ham & Pineapple)/8 Cut 2M/2.75G	2117148	1 slice	100	310.000	42.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Alfredo w/ Penne Pasta & Garlic Knot Roll 2M/3.5G	1303712	1 serving/#4 scoop + garlic knot roll	2000	676.413	70.459
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				842.953*	124.907*
% of Calories					59.271%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-21-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	2000	718.990	33.336
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	16.992
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				864.277*	110.463*
% of Calories					51.124%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-22-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Pizza, Domino's, Hawaiian (Ham & Pineapple)/8 Cut 2M/2.75G	2117148	1 slice	100	310.000	42.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Beef Brisket with Macaroni and Cheese and Texas Toast 3M/2G	2217936	1 serving/3 oz brisket + #6 scoop mac and cheese + Texas toast	2000	643.517	46.979
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				829.795*	115.515*
% of Calories					55.684%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-23-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	2000	577.524	59.497
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				805.591*	120.588*
% of Calories					59.875%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-26-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Carnitas with Refried Beans and Seasoned Rice + Tortilla Chips 2M/2.5G	1721551	1 serving/#8 scoop carnitas + #8 scoop beans + #12 scoop rice + chips	2000	764.500	80.045
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	100	52.480	11.152
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				881.431*	129.03*
% of Calories					58.555%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-27-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Pizza, Domino's, Hawaiian (Ham & Pineapple)/8 Cut 2M/2.75G	2117148	1 slice	100	310.000	42.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Pesto Sandwich 3M/3.5G (FINAL)	2133740	1 serving	2000	757.477	59.982

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				875.379*	120.716*
% of Calories					55.16%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-28-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Domino's, ExtravaganZZa, 16", WG, 1 Slice/8 Cut 2M/2.75G	2117147	1 slice	100	419.670	45.280
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Teriyaki Hawaiian Burger w/ Chips 2M/2G	1972430	1 serving	2000	621.613	61.099
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	16.992
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Teriyaki Sauce	2224834	1 serving/1 oz	2000	40.000	10.000
Total			5000		
Weighted Daily Average				841.327*	125.568*
% of Calories					59.7%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-29-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Mandarin Orange Chicken (1 cup) w/ White Rice (1 cup) & Steamed Broccoli and Carrots 3M/2G (HS)	2163324	1 serving/1 cup chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	591.190	109.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Pizza, Domino's, Hawaiian (Ham & Pineapple)/8 Cut 2M/2.75G	2117148	1 slice	100	310.000	42.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Berries & Granola 2M/2G	78884	1 serving	200	421.059	79.617
Creamy Cajun Chicken Pasta w/ Texas Toast 2.5M/2.25G	1423602	1 serving/1 cup + garlic toast	2000	586.898	46.947
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cups, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	250	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	250	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				807.147*	115.502*
% of Calories					57.24%

* Indicates missing Nutrient Information.