

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2025-2026 School Year
Menu: 2025-2026 Intermediate Lunch Menu
Number Source: Planned
Dates: 01-05-2026 to 01-30-2026

Nutrient Summary

Date(s): 01-05-2026 to 01-30-2026

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	615.797*		600 min / 700 max	Pass		
Protein (g)	28.199*	18.317%				
Total Fat (g)	14.673*	21.445%				
Saturated Fat (g)	3.824*	5.588%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	93.596*	60.796%				
Cholesterol (mg)	43.479*					
Sodium (mg)	924.821*		≤ 1225	Pass		
Potassium (mg)	773.513*					
Fiber (g)	6.261*					
Sugars (g)	43.563*					
Added Sugars (g)	6.040*	3.923%				
Iron (g)	3.480*					
Calcium (mg)	489.088*					
Vitamin A (mcg RAE)	112.386*					
Vitamin C (mg)	30.386*					
Vitamin D (mcg)	3.304*					

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-06-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				656.171*	99.775*
% of Calories					60.823%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-07-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Weighted Daily Average				657.376	99.188
% of Calories					60.354%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-08-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				531.293*	81.843*
% of Calories					61.618%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-09-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				657.376	99.188
% of Calories					60.354%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-12-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	500	52.480	11.152
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				537.745	82.371
% of Calories					61.272%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-13-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				656.171*	99.775*
% of Calories					60.823%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-14-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				657.376	99.188
% of Calories					60.354%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-15-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000

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Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				531.293*	81.843*
% of Calories					61.618%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-16-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				657.376	99.188
% of Calories					60.354%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-20-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				656.171*	99.775*
% of Calories					60.823%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-21-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				657.376	99.188
% of Calories					60.354%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-22-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				531.293*	81.843*
% of Calories					61.618%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-23-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-It Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				657.376	99.188
% of Calories					60.354%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-26-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	500	52.480	11.152
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				537.745	82.371
% of Calories					61.272%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-27-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				656.171*	99.775*
% of Calories					60.823%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-28-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				657.376	99.188
% of Calories					60.354%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-29-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				531.293*	81.843*
% of Calories					61.618%

* Indicates missing Nutrient Information.

Menu Detail

Date: 01-30-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	292.020	33.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
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Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				657.376	99.188
% of Calories				60.354%	

* Indicates missing Nutrient Information.