

# Nutrient Detail Report

Organization: Garden Grove USD  
Session: 2025-2026 School Year  
Menu: 2025-2026 High School Lunch Menu  
Number Source: Planned  
Dates: 02-01-2026 to 02-28-2026

## Nutrient Summary

Date(s): 02-01-2026 to 02-28-2026

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	819.924*		750 min / 850 max	Pass		
Protein (g)	32.403*	15.808%				
Total Fat (g)	23.958*	26.297%				
Saturated Fat (g)	6.547*	7.186%	< 10%	Pass		
Trans Fat (g)	0.079*					
Carbohydrates (g)	117.682*	57.411%				
Cholesterol (mg)	72.310*					
Sodium (mg)	1,111.814*		≤ 1280	Pass		
Potassium (mg)	959.966*					
Fiber (g)	9.884*					
Sugars (g)	58.535*					
Added Sugars (g)	6.002*	2.928%				
Iron (g)	3.902*					
Calcium (mg)	390.010*					
Vitamin A (mcg RAE)	136.477*					
Vitamin C (mg)	50.420*					
Vitamin D (mcg)	2.880*					

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-02-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
General Tso Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	79080	1 serving	2000	451.881	73.928
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	500	52.480	11.152
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				766.538*	127.683*
% of Calories					66.628%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-03-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Creamy Cajun Chicken Pasta w/ Texas Toast 2.5M/2.25G	1423602	1 serving/1 cup + garlic toast	2000	575.898	46.147
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				810.897*	115.455*
% of Calories					56.952%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-04-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	2000	718.990	33.336
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	16.992
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Weighted Daily Average				870.234*	110.67*
% of Calories					50.869%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-05-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Carnitas with Refried Beans and Seasoned Rice + Tortilla Chips 2M/2.5G	1721551	1 serving/#8 scoop carnitas + #8 scoop beans + #12 scoop rice + chips	2000	764.500	80.045
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				886.338*	129.014*
% of Calories					58.224%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-06-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	2000	520.450	54.397
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				788.718*	118.755*
% of Calories					60.227%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-09-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
"Walking" Beef Taco w/ Doritos Chips with Cheese 2.5M/2G (HS)	1690737	1 serving/#8 scoop meat + #24 scoop cheese+ chips	2000	451.684	30.636
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-It Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	500	52.480	11.152
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				766.46*	110.366*
% of Calories					57.598%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-10-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G	79250	1 serving/#4 scoop pasta + breadstick	2000	468.973	41.323

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				768.127*	113.525*
% of Calories					59.118%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-11-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Bacon Western Cheeseburger Meal 2.5M/2G	79146	1 serving	2000	669.109	65.309
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	16.992
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					



Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				850.282*	123.46*
% of Calories					58.079%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-12-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Teriyaki Chicken with Garlic Noodles 3M/2G	1149738	1 serving./#8 scoop chix + #4 scoop noodles	2000	445.793	17.179*
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000



Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Garlic Noodles 2G	1150290	1 serving/#4 scoop	5000	267.508	3.465*
Total			5000		
Weighted Daily Average				1026.363*	107.333*
% of Calories					41.83%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-17-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
General Tso Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	79080	1 serving	2000	451.881	73.928
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				761.29*	126.568*
% of Calories					66.502%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-18-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Fish Sandwich Box 2M/3.25G	79587	1 serving	100	537.404	63.121
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	400	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Hamburger (2.25 oz) w/ Hawaiian Bun 2M/2G	79057	1 serving	2000	268.000	29.500
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	16.992
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				690.706*	109.139*
% of Calories					63.204%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-19-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Spaghetti w/ Bosco's Cheesy Breadstick (INT/HS) 2M/3G	79194	1 serving/1 cup spaghetti + 1 breadstick	2000	410.786*	50.692*
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				744.852*	117.273*
% of Calories					62.978%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-20-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Fish Sandwich Box 2M/3.25G	79587	1 serving	100	537.404	63.121
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	400	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	2000	520.450	54.397
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				789.586*	118.758*
% of Calories					60.162%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-23-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
"Walking" Beef Taco w/ Doritos Chips with Cheese 2.5M/2G (HS)	1690737	1 serving/#8 scoop meat + #24 scoop cheese+ chips	2000	451.684	30.636
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	500	52.480	11.152
Fruit					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				766.46*	110.366*
% of Calories					57.598%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-24-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Alfredo w/ Penne Pasta & Garlic Knot Roll 2M/3.5G	1303712	1 serving/#4 scoop + garlic knot roll	2000	676.413	70.459
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				851.103*	125.18*
% of Calories					58.832%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-25-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	2000	718.990	33.336
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	16.992
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				870.234*	110.67*
% of Calories					50.869%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 02-26-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Herb Roasted Chicken with Mashed Potatoes, Glazed Baby Carrots and Dinner Roll 2M/2G	1687689	1 serving	2000	904.710*	66.471*
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				942.422*	123.585*
% of Calories					52.454%

\* Indicates missing Nutrient Information.



## Menu Detail

Date: 02-27-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Fish Sandwich Box 2M/3.25G	79587	1 serving	100	537.404	63.121
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Seasoned Potato Wedges 2M/3.25G	1398973	1 serving	400	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Southwestern Chicken Salad with Tortilla Chips 2M/2.5G	1988368	1 serving	1	703.958	63.139
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	273.520	33.410
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	2000	566.524	58.697
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				808.016*	120.478*
% of Calories					59.641%

\* Indicates missing Nutrient Information.