

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2025-2026 School Year
Menu: 2025-2026 Intermediate Breakfast Menu
Number Source: Planned
Dates: 11-03-2025 to 11-21-2025

Nutrient Summary

Date(s): 11-03-2025 to 11-21-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	423.194		400 min / 550 max	Pass		
Protein (g)	12.703	12.007%				
Total Fat (g)	10.900	23.182%				
Saturated Fat (g)	4.799	10.206%	< 10%	Fail	0.206	Too much Saturated Fat (10.21 of 10.00)
Trans Fat (g)	0.000*					
Carbohydrates (g)	71.211	67.309%				
Cholesterol (mg)	59.671					
Sodium (mg)	378.037		≤ 600	Pass		
Potassium (mg)	560.867*					
Fiber (g)	3.764*					
Sugars (g)	44.678*					
Added Sugars (g)	9.120*	8.62%				
Iron (g)	1.550*					
Calcium (mg)	334.866*					
Vitamin A (mcg RAE)	87.525*					
Vitamin C (mg)	30.242*					
Vitamin D (mcg)	2.838*					

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-03-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-04-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
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Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-05-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
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Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				423.687	71.366
% of Calories					67.376%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-06-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
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Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				423.687	71.366
% of Calories					67.376%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				423.687	71.366
% of Calories					67.376%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-12-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
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Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				423.687	71.366
% of Calories					67.376%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
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Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				423.687	71.366
% of Calories					67.376%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-14-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
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Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
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Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				423.687	71.366
% of Calories					67.376%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-17-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
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Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
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Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
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Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-18-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
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Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				422.087	70.864
% of Calories					67.156%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-19-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				423.687	71.366
% of Calories					67.376%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-20-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
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Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
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Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				423.687	71.366
% of Calories					67.376%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
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Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	N/A*	N/A*
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
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Total			1000		
Weighted Daily Average				423.687	71.366
% of Calories					67.376%

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