

Nutrient Detail Report

Organization: Garden Grove USD

Session: 2025-2026 School Year

Menu: 2025-2026 High School Breakfast Menu

Number Source: Planned

Dates: 03-02-2026 to 03-31-2026

Nutrient Summary

Date(s): 03-02-2026 to 03-31-2026

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	583.474		450 min / 600 max	Pass		
Protein (g)	17.822	12.218%				
Total Fat (g)	14.738	22.733%				
Saturated Fat (g)	5.899*	9.099%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	95.949	65.777%				
Cholesterol (mg)	76.797*					
Sodium (mg)	569.218*		≤ 640	Pass		
Potassium (mg)	453.382*					
Fiber (g)	5.690*					
Sugars (g)	60.996*					
Added Sugars (g)	6.944*	4.761%				
Iron (g)	1.947*					
Calcium (mg)	380.112*					
Vitamin A (mcg RAE)	62.175*					
Vitamin C (mg)	40.685*					
Vitamin D (mcg)	2.191*					

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-02-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	366.994	66.811
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				589.388	97.726
% of Calories					66.324%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-03-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	400	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	100	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	366.994	66.811
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	16.421
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				583.959	94.168
% of Calories					64.503%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-04-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	366.994	66.811
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				564.713	92.79
% of Calories					65.726%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-05-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	366.994	66.811
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				589.388	97.726
% of Calories					66.324%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-06-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Tropical Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1732915	1 serving/12 oz cup + Pretzels	200	327.022	56.967
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				587.789	97.333
% of Calories					66.236%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-09-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	366.994	66.811
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				589.388	97.726
% of Calories					66.324%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-10-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	400	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	100	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	366.994	66.811
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	16.421
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				583.959	94.168
% of Calories					64.503%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-11-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	366.994	66.811

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				564.713	92.79
% of Calories					65.726%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-12-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	366.994	66.811
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				589.388	97.726
% of Calories					66.324%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-13-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Tropical Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1732915	1 serving/12 oz cup + Pretzels	200	327.022	56.967
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				587.789	97.333
% of Calories					66.236%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-23-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	366.994	66.811
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				589.388	97.726
% of Calories					66.324%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-24-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	400	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	100	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	366.994	66.811
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	16.421

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				583.959	94.168
% of Calories					64.503%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-25-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	366.994	66.811
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				564.713	92.79
% of Calories					65.726%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-26-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	366.994	66.811
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				589.388	97.726
% of Calories					66.324%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-27-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Tropical Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1732915	1 serving/12 oz cup + Pretzels	200	327.022	56.967
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				587.789	97.333
% of Calories					66.236%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-30-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	366.994	66.811
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				589.388	97.726
% of Calories					66.324%

* Indicates missing Nutrient Information.

Menu Detail

Date: 03-31-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	400	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	100	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	366.994	66.811
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	16.421
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				583.959	94.168
% of Calories					64.503%

* Indicates missing Nutrient Information.