

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2025-2026 School Year
Menu: 2025-2026 High School Breakfast Menu
Number Source: Planned
Dates: 05-01-2026 to 05-27-2026

Nutrient Summary

Date(s): 05-01-2026 to 05-27-2026

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	579.525		450 min / 600 max	Pass		
Protein (g)	17.753	12.254%				
Total Fat (g)	14.578	22.64%				
Saturated Fat (g)	5.679	8.82%	< 10%	Pass		
Trans Fat (g)	0.002*					
Carbohydrates (g)	95.253	65.746%				
Cholesterol (mg)	75.776					
Sodium (mg)	568.713		≤ 640	Pass		
Potassium (mg)	431.252*					
Fiber (g)	5.741*					
Sugars (g)	60.742*					
Added Sugars (g)	6.004*	4.144%				
Iron (g)	1.928*					
Calcium (mg)	378.610*					
Vitamin A (mcg RAE)	56.952*					
Vitamin C (mg)	30.714*					
Vitamin D (mcg)	2.097*					

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-01-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	400	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				586.215	97.141
% of Calories					66.284%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-04-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	400	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				586.215	97.141
% of Calories					66.284%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-05-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	400	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	100	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	16.421
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				580.786	93.583
% of Calories					64.452%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-06-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				561.54	92.205
% of Calories					65.68%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-07-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	400	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				586.215	97.141
% of Calories					66.284%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-08-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	400	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				586.215	97.141
% of Calories					66.284%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-11-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	400	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				586.215	97.141
% of Calories					66.284%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-12-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	400	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	100	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	16.421
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				580.786	93.583
% of Calories					64.452%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-13-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				561.54	92.205
% of Calories					65.68%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-14-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	400	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				586.215	97.141
% of Calories					66.284%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-15-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	400	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				586.215	97.141
% of Calories					66.284%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-18-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	400	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				586.215	97.141
% of Calories					66.284%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-19-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	400	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	100	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	16.421
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				580.786	93.583
% of Calories					64.452%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-20-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				561.54	92.205
% of Calories					65.68%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-21-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	400	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				586.215	97.141
% of Calories					66.284%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-22-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	400	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				586.215	97.141
% of Calories					66.284%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-26-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	400	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	100	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	16.421
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				580.786	93.583
% of Calories					64.452%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-27-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	500	52.500	11.250
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	400	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Peach Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	2054785	1 serving/12 oz cup	200	356.994	64.645
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	200	570.775	90.331
Homemade Blueberry Muffin 2G	1317061	1 each	100	392.133	57.398
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Breakfast Kit: Breakfast Bar	1705815	1 kit	1	564.333	104.167
Breakfast Kit: Cereal Cup	1782285	1 kit	1	331.833	67.917
Breakfast Kit: Homemade Muffin	1709250	1 kit	1	850.108	146.997
Breakfast Kit: Pan Dulce	1705814	1 kit	1	479.333	90.667
Breakfast Kit: PBJ Sandwich	1705818	1 kit	1	599.333	88.667
Breakfast Kit: Pop Tart & String Cheese	1705784	1 kit	1	569.333	93.667
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	84.200	20.200
Dried Fruit, Assorted	78632	1 each	1000	119.333	29.333
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				561.54	92.205
% of Calories					65.68%

* Indicates missing Nutrient Information.

