# OFFERED DAILY LUNCH

SPECIAL OF THE DAY (see calendar menu)

#### **SANDWICHES:**

**Tuna Salad** 

**Egg Salad** 

Veggie

**Turkey & Cheese** 

**Grilled Cheese** 

**Turkey Wrap** 

#### **SALADS:**

**Chef Salad** 

**Classic Spinach** 

Signature Green

Taco Salad

#### **SOUP:**

**Tortilla** 

#### **PARFAIT:**

Vanilla Yami Yogurt (Lactose Free) with Berries & Granola - \$7.00

#### **SMOOTHIE:**

Freshly Made 12 oz Strawberry Banana

Smoothie \$5.00









### 2025-2026 GGUSD

APPLE CART CAFE MENU





### DAILY LUNCH SPECIALS

## 🍎 August 2025 😓



### MON

### **TUES**

### WED

#### **THURS**

#### FRI



Soup: Tortilla Salad: The Apple Cart Entree: Baked Potato

Choice of Steamed Broccoli/ Carrots & Cheddar Cheese or Chili Beans w/ Green Onions

18 Soup: Tortilla Salad: Chinese Chicken Entree: Beef Sliders (2)

Topped w/ Melted Cheese, Lettuce, Tomato, Grilled Onions & Mushroom Served w/ Seasoned Potato Wedges

25 Soup: Tortilla Salad: Asian Chicken Slaw Entree: General Tso Chicken Served w/ Chow Mein and Steamed Veggies and a Fortune Cookie



12 Soup: Tortilla Salad: Chinese Chicken Entree: Pork Chile Verde Served w/ 2 Corn Tortillas and a Side of Refried Beans

19 Soup: Tortilla Salad: BBQ Chicken Entree: Tuscan Chicken with Rotini Pasta, Cherry Tomatoes, Spinach, and Heavy Whipping Cream Served w/ Cheese Breadstick

and Spanish Rice

26 Soup: Tortilla Entree: Chicken Pho Soup \$9.00

Served w/ Bok Choy, Basil, Green Onions, Lime, Cilantro, Jalapeños, Hoisin Sauce & Chili Sauce



13 Soup: Tortilla Salad: Italian Pasta Entree: Arroz con Pollo

Steamed Vegetables Served w/ Dinner Roll

20 Soup: Albondigas Salad: Chinese Chicken Entree: Chicken & Rice Burrito Served with Pico de Gallo, Spanish Rice and Tortilla Chips

27 Soup: Minestrone Salad: Chinese Chicken Entree: Caprese Chicken Topped w/ Mozzarella, Tomato, Fresh Basil, and Drizzle of Balsamic Glaze. Served w/ Rice Pilaf



14 Soup: Tortilla Salad: Chinese Chicken

Entree: Teriyaki Chicken w/ Garlic Noodles, Green Onions and Veggies

Soup: Tortilla

Salad: Classic Mexican Summer

w/ Lime Dressing Entree: Carnitas Tacos (2)

Homemade Carnitas w/ Corn Tortillas - Served with Pico de Gallo Cilantro, Onion, & Side Green Salad

Soup: Tortilla 28 Salad: Arugula, Dried Cranberry, Grape w/ Feta Cheese **Entree:** Spaghetti

> with Meat or Marinara Sauce Served with Green Salad and Homemade Garlic Bread



15 Soup: Tortilla

Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches

Gluten Free Bread available upon request

**22** Soup: Tortilla

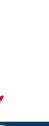
Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches

Gluten Free Bread available upon request

29 Soup: Tortilla

Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches

Gluten Free Bread available upon request









This institution is an equal opportunity employer and provider.



Café Pricing:

Soup Bowl: \$6.00 Soup Cup: \$4.50

Whole Sandwich: \$7.00

1/2 Sandwich: \$3.50

Regular Salad: \$7.00 Petite Salad: \$6.00

Soda, Water or Iced Tea: \$1.25 Chips: \$1.25



download menu



Did you know that you can add money to your account via cash or check?

For more information about our menus, please visit: gardengrove.healtheliving.net.



\$7.00 unless indicated.

Iced Tea or Spa Water Included with Purchase of an Entrée