

Weighted Nutrient Analysis

Organization: Garden Grove USD
Session: 2026-2027 School Year
Menu: 2026-2027 Elementary Lunch Menu
Number Source: Planned
Dates: 08-03-2026 to 08-31-2026

Weighted Weekly Average

Date(s): 08-03-2026 to 08-31-2026

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	620.640		600 min / 650 max	Pass		
Saturated Fat (g)	6.027*	8.741%	< 10%	Pass		
Sodium (mg) 	788.465		≤ 1110	Pass		
Added Sugars (g) 	9.477*	6.108%				
Protein (g)	27.255*	17.566%				
Total Fat (g)	19.012*	27.569%				
Trans Fat (g)	0.023*					
Carbohydrates (g)	87.763*	56.563%				
Cholesterol (mg)	55.963*					
Potassium (mg)	1,535.179*					
Fiber (g)	5.407*					
Total Sugars (g)	48.224*					
Iron (g)	2.668*					
Calcium (mg)	640.619*					
Vitamin A (mcg RAE)	107.903*					
Vitamin C (mg)	21.393*					
Vitamin D (mcg)	5.109*					

* Indicates missing Nutrient Information.

 July 1, 2027 Limit: ≤ 935 mg

 July 1, 2027 Limit: No more than 10% of total weekly calories

Menu Detail

Date: 08-10-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Turkey, Cheese, & Crackers Lunch Pack 2M/2G	1184207	1 serving	12000	380.000	41.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2.5G	83060	1 serving	4000	560.000	44.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	11.152
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	20000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	2000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	14000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Weighted Daily Average				635.958	86.285
% of Calories					54.271%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-11-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Chicken Nuggets 2M/1G (Goldkist)	1319068	1 serving/5 pieces	12000	190.000	13.000
Sandwich, Grilled Cheese (IFS) 2M/2G	78850	1 each	4000	319.230	34.090
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	1000	7.800	1.888
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	20000	57.000	14.400
Banana, Fresh	78890	1 each	5000	89.890	23.068
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	2000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	14000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Brookie Treat, 1G	1480324	1 serving	20000	150.070	23.001
Total			20000		
Weighted Daily Average				633.617	93.577
% of Calories					59.075%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-12-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Hamburger (2.25 oz) w/ Hawaiian Bun 2M/2G	79057	1 serving	16000	310.000	30.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	1000	13.410	2.898
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	1000	5.040	1.069
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	20000	57.000	14.400
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
Grains					
White Nacho Cheese Doritos 1.5G	1721104	1 each	20000	140.000	20.000
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	2000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	14000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Pickles	78984	1 serving	5000	1.667	0.000
Cheese Slice 0.5M	79062	1 slice	12000	55.686	1.012
Total			20000		
Weighted Daily Average				716.164	97.546
% of Calories					54.483%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-13-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Seasoned Chicken w/ Buttered Noodles 2M/1.25G #2A (FINAL 2)	1320389	1 serving/1 CUP	12000	361.061	29.126*
Cocoa Sandwich with String Cheese 2M/1.5G	1291537	1 serving	4000	340.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	20000	57.000	14.400
Nectarine, Fresh	78849	1 each	5000	56.760	13.610
Fruit Cups, Assorted	78625	0.5 cup	5000	84.200	20.200
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	2000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	14000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				602.715	82.225*
% of Calories					54.57%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-14-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Pizza, Cheese, French Bread, Tony's 2M/2G	78719	1 each	4000	350.000	35.000
Pizza, Pepperoni, French Bread, Tony's 2M/2G	1227496	1 serving	12000	350.000	35.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	20000	57.000	14.400
Fresh Apple Slices, IW	78677	1 each	5000	30.159	7.037
Cool Tropics Fruit Slush, Assorted	1227508	1 each	5000	60.000	15.333
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	2000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	14000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				590.628	84.539
% of Calories					57.254%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-17-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Chicken Corn Dog 2M/2G	78802	1 each	12000	280.000	31.000
Sandwich, Grilled Cheese (IFS) 2M/2G	78850	1 each	4000	319.230	34.090
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	11.152
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	20000	57.000	14.400
Mixed Fruit, Canned 1/2 cup	78845	1/2 cup	5000	63.000	16.000
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	3000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	14000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				551.054	82.853
% of Calories					60.141%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-18-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
"Walking" Beef Taco w/ Doritos Chips 2.5M/2G	1424957	1 serving/#12 scoop meat + chips	12000	366.663	32.733

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Wowbutter & Strawberry Jelly Sandwich with String Cheese 2M/1G	1596922	1 serving	4000	380.000	25.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	1000	23.000	5.500
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	1000	5.040	1.069
Fruit					
Dried Fruit, Assorted	78632	1 each	5000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	20000	57.000	14.400
Banana, Fresh	78890	1 each	5000	89.890	23.068
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	2000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	14000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Salsa	78943	1 tablespoon	5000	3.666	0.733
Total			20000		
Weighted Daily Average				621.527	85.416
% of Calories					54.972%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-19-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Breaded Chicken Filet w/ Hawaiian Bun 2M/3G	1308461	1 serving	12000	380.000	48.000
Sandwich, Grilled Cheese (IFS) 2M/2G	78850	1 each	4000	319.230	34.090
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Broccoli, raw, 1/2 cup	80769	0.5 cup	1000	15.470	3.021
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	20000	57.000	14.400
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
Grains					
Bunny Friends Graham Crackers 1G	79598	1 package	20000	160.000	24.000
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	2000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	14000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Pickles	78984	1 serving	5000	1.667	0.000
Total			20000		
Weighted Daily Average				746.449	112.51
% of Calories					60.291%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-20-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Mandarin Orange Chicken (#6 scoop) w/ White Rice (#8 scoop) 2M/1G	2163318	1 serving/#6 scoop chicken + #8 scoop rice	12000	289.876	50.253
Cocoa Sandwich with String Cheese 2M/1.5G	1291537	1 serving	4000	340.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	20000	57.000	14.400
Plum, Fresh	79015	1 each	5000	30.360	7.537
Fruit Cups, Assorted	78625	0.5 cup	5000	84.200	20.200
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	2000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	14000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				553.404	93.383
% of Calories					67.497%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-21-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Cheesy Pull Apart Bread 2M/2G	78936	1 serving	16000	260.000	29.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	20000	57.000	14.400
Fresh Apple Slices, IW	78677	1 each	5000	30.159	7.037
Fruit Juice Jello Cups, Assorted	1338535	1 each	5000	80.000	19.667
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	2000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	14000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Marinara Sauce Cup	78948	1 each	16000	15.000	3.000
Total			20000		
Weighted Daily Average				535.628	83.223

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
% of Calories					62.15%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-24-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Macaroni and Cheese (#6 Scoop) 2M/1G (JTM)	2040981	1 serving/#6 scoop	16000	286.000	29.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	11.152
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	8000	57.000	14.400
Peaches, Diced, Canned 1/2 cup	78905	1/2 cup	5000	60.968	14.226
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	2000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	14000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Chocolate Chip Cookie (Fat Cat) 1G	81803	1 each	20000	148.000	23.800
Total			20000		
Weighted Daily Average				653.8	94.801
% of Calories					58%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-25-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Chicken Tenders, Whole Muscle (3 pcs) 2M/1G	1759681	1 serving/3 pcs	12000	250.000	21.000
Sandwich, Grilled Cheese (IFS) 2M/2G	78850	1 each	4000	319.230	34.090
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	1000	7.800	1.888
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	8000	57.000	14.400
Banana, Fresh	78890	1 each	5000	89.890	23.068
Grains					
Rainbow Goldfish Cheese Crackers 1G	78702	1 package	20000	100.000	14.000
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	2000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	14000	110.000	20.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				585.347	80.736
% of Calories					55.172%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-26-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Pork Sausage Patties (2) w/ French Toast (1) 2M/1.5G	1136899	1 serving/2 pork patties + 1 french toast	12000	570.000	30.000
Cocoa Sandwich with String Cheese 2M/1.5G	1291537	1 serving	4000	340.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	1000	13.410	2.898
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	8000	57.000	14.400
Orange Slices, 1/2 cup	78889	0.5 cup	5000	42.300	10.575
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	2000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	14000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Syrup Cup	78716	1 each	12000	120.000	30.000
Total			20000		
Weighted Daily Average				741.884	86.446
% of Calories					46.609%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-27-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Sliders, Mini Cheeseburger 2M/2G	78922	1 serving	12000	290.000	30.000
Wowbutter & Strawberry Jelly Sandwich with String Cheese 2M/1G	1596922	1 serving	4000	380.000	25.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Tater Squares, 1/2 cup (7 pcs)	2073956	1 serving/7 pcs	20000	180.000	20.000
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	8000	57.000	14.400

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Nectarine, Fresh	78849	1 each	5000	56.760	13.610
Fruit Cups, Assorted	78625	0.5 cup	5000	84.200	20.200
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	2000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	14000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				713.878	92.909
% of Calories					52.059%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-28-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Mini Beef and Cheese Tacos, 4 pcs (ELEM) 2M/2G	2055482	1 serving/4 pcs	6000	239.497	35.925
Cheese Quesadilla 2M/2G	78846	1 serving	10000	380.000	28.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	8000	57.000	14.400
Fresh Apple Slices, IW	78677	1 each	5000	30.159	7.037
Cool Tropics Fruit Slush, Assorted	1227508	1 each	5000	60.000	15.333
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	2000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	14000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Salsa	78943	1 tablespoon	5000	3.666	0.733
Total			20000		
Weighted Daily Average				539.194	72.86
% of Calories					54.051%

* Indicates missing Nutrient Information.

Menu Detail

Date: 08-31-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Yami Yogurt w/ String Cheese and Granola 2M/2G	1838048	1 serving	4000	400.000	59.000
Chicken Double Dogs 2M/2G	78987	1 each	12000	260.000	31.500
Turkey, Cheese, & Crackers Lunch Pack 2M/2G	1184207	1 serving	4000	380.000	41.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	2000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	11.152
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	8000	57.000	14.400
Peaches, Diced, Canned 1/2 cup	78905	1/2 cup	5000	60.968	14.226
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	4000	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	2000	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	14000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	5000	27.101	0.850
Mustard Packet	78839	1 packet	500	5.000	0.000
Total			20000		
Weighted Daily Average				509	74.901
% of Calories					58.862%

* Indicates missing Nutrient Information.