

OFFERED DAILY

LUNCH

SPECIAL OF THE DAY (see calendar menu)

SANDWICHES:

- Tuna Salad
- Egg Salad
- Veggie
- Turkey & Cheese
- Grilled Cheese
- Turkey Wrap

SALADS:

- Chef Salad
- Classic Spinach Salad
- Signature Green Salad
- Chinese Chicken Salad

SOUP:

- Tortilla

PARFAIT:

- Vanilla Yami Yogurt (Lactose Free)
with Berries & Granola - \$7.00

SMOOTHIE:

- Freshly Made 12 oz Strawberry Banana
Smoothie \$5.00



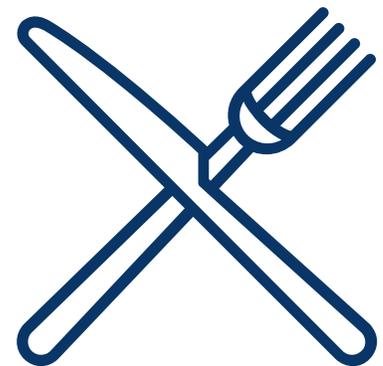
BRING YOUR

Own

**SCAN THE QR CODE
FOR MORE INFO**



Menu subject to change based on product availability.



**2025-2026
GGUSD**

APPLE CART
CAFE MENU



DAILY LUNCH SPECIALS

MARCH 2026

MON

TUES

WED

THURS

FRI

| | | | | |
|---|---|---|---|---|
| <p>2 Soup: Tortilla Salad: Asian Chicken Slaw Entree: Fish Filet w/ Garlic Butter Oven Roasted Rockfish Filet Served wth Roasted Zucchini Sticks, Rice Pilaf and Fruit</p> | <p>3 Soup: Chicken Noodle Salad: Taco Entree: Apple Cart Sliders Served on Brioche Bun or Protein Style w/ Tomato, Lettuce, Onion, Potato Wedges and Fresh Fruit</p> | <p>4 Soup: Tortilla Salad: Cranberry Chicken on Ciabatta Bread Entree: Cajun Blackened Chicken Sandwich or *Protein Style Served with Cheese Bread and Side of Potato Salad</p> | <p>5 Soup: Corn Chowder Salad: The Apple Cart Entree: Carnitas Tacos (2) Homemade Carnitas w/ Corn Tortillas - Served with Pico de Gallo, Cilantro, Onion, & Side Green Salad</p> | <p>6 Soup: Tortilla  Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches Gluten Free Bread available upon request</p> |
| <p>9 Soup: Tortilla Salad: Greek Entree: Taco Bowl Seasoned Ground Beef or Fajita Chicken Lettuce, Pico de Gallo, Cheese, Sour Cream, Olives, Served in Tortilla Bowl</p> | <p>10 Soup: Minestrone Salad: Southwest Entree: Tuscan Chicken with Rotini Pasta Cherry Tomatoes, Spinach, Heavy Cream w/ Cheese Breadstick</p> | <p>11 Soup: Tortilla Salad: Asian Chicken Slaw Entree: Hawaiian Burger Served on Hawaiian Bun with Pineapple Ring, Provolone Cheese & Teriyaki Sauce and a Bag of Chips</p> | <p>12 Soup: Tortilla Salad: Taco Entree: Baja Fish Tacos Served with Shredded Cabbage, Pico de Gallo, Baja Sauce, Spanish Rice, Black Beans and Tortilla Chips</p> | <p>13 Soup: Tortilla Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head  Deli Meat Sandwiches Gluten Free Bread available upon request</p> |
| <p>16 </p> | <p>17  <i>Spring Break</i></p> | <p>18 </p> | <p>19 </p> | <p>20  </p> |
| <p>23 Soup: Tortilla Salad: BBQ Chicken Entree: General Tso Chicken Served with Chow Mein, Steamed Veggies and a Fortune Cookie</p> | <p>24 Soup: Toscana Salad: Mexican Summer with Lime Dressing Entree: Caprese Chicken Topped w/ Mozzarella, Tomato, Fresh Basil, and Drizzle of Balsamic Glaze. Served w/ Rice Pilaf</p> | <p>25 Soup: Tortilla Entree: Chicken Pho Soup \$9.00  Served w/ Bok Choy, Basil, Green Onions, Lime, Cilantro, Jalapeños, Hoisin Sauce & Chili Sauce</p> | <p>26 Soup: Italian Wedding Salad: The Apple Cart Entree: Spaghetti with Meat or Marinara Sauce Served with Green Salad and Homemade Garlic Bread</p> | <p>27 Soup: Tortilla Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches Gluten Free Bread available upon request</p> |
| <p>30 Soup: Tortilla Salad: Italian Pasta Entree: Baked Potato Choice of Steamed Broccoli/ Carrots & Cheddar Cheese or Chili Beans w/ Green Onions</p> | <p>31 Soup: Tortilla Salad: BBQ Chicken Entree: Southwestern Bowl Spanish Rice, Black Beans, Corn, and Grilled Chicken with Cheese, Cilantro & Salsa</p> |  | | |

Café Pricing:

- Soup Bowl: \$6.00
- Soup Cup: \$4.50
- Whole Sandwich: \$7.00
- 1/2 Sandwich: \$3.50
- Regular Salad: \$7.50
- Petite Salad: \$6.50
- Soda, Water or Iced Tea: \$1.25
- Chips: \$1.25



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Apple Cart Cafe
Cisco ext. 77707

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gardengrove.healtheliving.net

All entrees are \$7.00 unless indicated.

Iced Tea or Spa Water Included with Purchase of an Entrée