Weighted Nutrient Analysis

Organization: Garden Grove USD
Session: 2026-2027 School Year
Menu: 2026-2027 Intermediate Breakfast Menu
Number Source: Planned
Dates: 11-02-2026 to 11-30-2026

Weighted Weekly Average

Date(s): 11-02-2026 to 11-30-2026

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	499.245		350 min / 500 max	Pass		
Saturated Fat (g)	4.339	7.822%	< 10%	Pass		
Sodium (mg)	486.518		≤ 540	Pass		
Added Sugars (g)	12.337*	9.884%				
Protein (g)	14.696	11.775%				
Total Fat (g)	12.694	22.883%				
Trans Fat (g)	0.002*					
Carbohydrates (g)	85.174	68.242%				
Cholesterol (mg)	61.149					
Potassium (mg)	664.947*					
Fiber (g)	5.165*					
Total Sugars (g)	48.903*					
Iron (g)	3.118*					
Calcium (mg)	419.935*					
Vitamin A (mcg RAE)	97.051*					
Vitamin C (mg)	27.132*					
Vitamin D (mcg)	4.947*					

* Indicates missing Nutrient Information.

July 1, 2027 Limit: ≤ 485 mg

July 1, 2027 Limit: No more than 10% of total weekly calories

Menu Detail

Date: 11-02-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	580.114	43.200
Homemade Blueberry Muffin 2G	1317061	1 each	25	392.133	57.398
Homemade Banana Bread Muffin 2G	1434500	1 each	25	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	214.000	45.400
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cups, Assorted	78625	0.5 cup	200	84.200	20.200
Dried Fruit, Assorted	78632	1 each	100	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				499.245	85.174
% of Calories					68.242%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-03-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	580.114	43.200
Homemade Blueberry Muffin 2G	1317061	1 each	25	392.133	57.398
Homemade Banana Bread Muffin 2G	1434500	1 each	25	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	214.000	45.400
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cups, Assorted	78625	0.5 cup	200	84.200	20.200
Dried Fruit, Assorted	78632	1 each	100	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				499.245	85.174
% of Calories					68.242%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-04-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	580.114	43.200
Homemade Blueberry Muffin 2G	1317061	1 each	25	392.133	57.398
Homemade Banana Bread Muffin 2G	1434500	1 each	25	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	214.000	45.400
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cups, Assorted	78625	0.5 cup	200	84.200	20.200
Dried Fruit, Assorted	78632	1 each	100	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				499.245	85.174
% of Calories					68.242%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-05-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	580.114	43.200
Homemade Blueberry Muffin 2G	1317061	1 each	25	392.133	57.398
Homemade Banana Bread Muffin 2G	1434500	1 each	25	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	214.000	45.400
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cups, Assorted	78625	0.5 cup	200	84.200	20.200
Dried Fruit, Assorted	78632	1 each	100	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				499.245	85.174
% of Calories					68.242%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-06-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	580.114	43.200
Homemade Blueberry Muffin 2G	1317061	1 each	25	392.133	57.398
Homemade Banana Bread Muffin 2G	1434500	1 each	25	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	214.000	45.400
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cups, Assorted	78625	0.5 cup	200	84.200	20.200
Dried Fruit, Assorted	78632	1 each	100	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				499.245	85.174
% of Calories					68.242%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-09-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	580.114	43.200

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Blueberry Muffin 2G	1317061	1 each	25	392.133	57.398
Homemade Banana Bread Muffin 2G	1434500	1 each	25	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	214.000	45.400
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cups, Assorted	78625	0.5 cup	200	84.200	20.200
Dried Fruit, Assorted	78632	1 each	100	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				499.245	85.174
% of Calories					68.242%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-10-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	580.114	43.200
Homemade Blueberry Muffin 2G	1317061	1 each	25	392.133	57.398
Homemade Banana Bread Muffin 2G	1434500	1 each	25	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	214.000	45.400
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cups, Assorted	78625	0.5 cup	200	84.200	20.200
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Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
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Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			1000		
Weighted Daily Average				499.245	85.174
% of Calories					68.242%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-12-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	580.114	43.200
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Homemade Banana Bread Muffin 2G	1434500	1 each	25	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	214.000	45.400
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cups, Assorted	78625	0.5 cup	200	84.200	20.200
Dried Fruit, Assorted	78632	1 each	100	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
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Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				499.245	85.174
% of Calories					68.242%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-13-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	580.114	43.200
Homemade Blueberry Muffin 2G	1317061	1 each	25	392.133	57.398
Homemade Banana Bread Muffin 2G	1434500	1 each	25	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	214.000	45.400
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cups, Assorted	78625	0.5 cup	200	84.200	20.200
Dried Fruit, Assorted	78632	1 each	100	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				499.245	85.174
% of Calories					68.242%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-16-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	580.114	43.200
Homemade Blueberry Muffin 2G	1317061	1 each	25	392.133	57.398
Homemade Banana Bread Muffin 2G	1434500	1 each	25	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	214.000	45.400
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cups, Assorted	78625	0.5 cup	200	84.200	20.200
Dried Fruit, Assorted	78632	1 each	100	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				499.245	85.174
% of Calories					68.242%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-17-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	580.114	43.200
Homemade Blueberry Muffin 2G	1317061	1 each	25	392.133	57.398
Homemade Banana Bread Muffin 2G	1434500	1 each	25	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	214.000	45.400
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cups, Assorted	78625	0.5 cup	200	84.200	20.200
Dried Fruit, Assorted	78632	1 each	100	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				499.245	85.174
% of Calories					68.242%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-18-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	580.114	43.200
Homemade Blueberry Muffin 2G	1317061	1 each	25	392.133	57.398
Homemade Banana Bread Muffin 2G	1434500	1 each	25	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	214.000	45.400
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit Cups, Assorted	78625	0.5 cup	200	84.200	20.200
Dried Fruit, Assorted	78632	1 each	100	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				499.245	85.174
% of Calories					68.242%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-19-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	580.114	43.200
Homemade Blueberry Muffin 2G	1317061	1 each	25	392.133	57.398
Homemade Banana Bread Muffin 2G	1434500	1 each	25	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	214.000	45.400
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cups, Assorted	78625	0.5 cup	200	84.200	20.200
Dried Fruit, Assorted	78632	1 each	100	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				499.245	85.174
% of Calories					68.242%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-20-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	580.114	43.200
Homemade Blueberry Muffin 2G	1317061	1 each	25	392.133	57.398
Homemade Banana Bread Muffin 2G	1434500	1 each	25	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	214.000	45.400
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cups, Assorted	78625	0.5 cup	200	84.200	20.200
Dried Fruit, Assorted	78632	1 each	100	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				499.245	85.174
% of Calories					68.242%

* Indicates missing Nutrient Information.

Menu Detail

Date: 11-30-2026

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Turkey Sausage Croissant 0.5M/1.5G	1832579	1 each	10	290.000	31.000
Ham & Swiss Cheese Croissant 1M/1.5G	1418015	1 each	15	300.000	27.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	417.617	25.727
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	47.072
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	39.080
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	580.114	43.200
Homemade Blueberry Muffin 2G	1317061	1 each	25	392.133	57.398
Homemade Banana Bread Muffin 2G	1434500	1 each	25	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal Cups, Assorted 2G	1741805	1 each	300	214.000	45.400
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cups, Assorted	78625	0.5 cup	200	84.200	20.200
Dried Fruit, Assorted	78632	1 each	100	119.333	29.333
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	700	57.000	14.400
Milk					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Hollandia	1832144	1 each	200	120.000	16.000
Milk, Whole, Unflavored, Hollandia	2142383	1 serving	100	150.000	11.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	400	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				499.245	85.174
% of Calories					68.242%

* Indicates missing Nutrient Information.