OFFERED DAILY

LUNCH

SPECIAL OF THE DAY (see calendar menu)

SANDWICHES:

Tuna Salad

Egg Salad

Veggie

Turkey & Cheese

Grilled Cheese

Turkey Wrap

SALADS:

Chef Salad

Classic Spinach Salad

Signature Green Salad

Chinese Chicken Salad

SOUP:

Tortilla

PARFAIT:

Vanilla Yami Yogurt (Lactose Free) with Berries & Granola - \$7.00

SMOOTHIE:

Freshly Made 12 oz Strawberry Banana

Smoothie \$5.00









2025-2026 GGUSD

APPLE CART CAFE MENU







DAILY LUNCH SPECIALS



MON

TUES

WED

THURS

FRI





12 Soup: Tortilla Salad: The Apple Cart

Entree: Cajun Blackened Chicken Sandwich or *Protein Style Served with Cheese Bread and Side of Potato Salad



26 Soup: Tortilla Salad: Apple Cart Entree: Pork Pozole Bowl

Served with Radish, Cabbage, Lime, Chopped Onion, Oregano & Avocado Served w/ Bag of Tortilla Chips

Soup: Minestrone Salad: Asian Chicken Slaw

Entree: Beef or Turkey Burger Served on Brioche Bun or Protein Style w/ Tomato, Lettuce, Onion, Potato Wedges and Fresh Fruit

Soup: Butternut Squash 13_{Salad}: Classic Mexican

Entree: Homemade Chicken & Rice Burrito, served w/ Pico de Gallo, Rice, Refried Beans & Tortilla Chips

Summer w/ Lime Dressing

20Soup: Italian Wedding Salad: Cranberry Chicken on Ciabatta Bread **Entree:** Caprese Chicken Topped w/ Mozzarella, Tomato, Fresh Basil, and Drizzle of Balsamic Glaze. Served w/ Rice Pilaf

Soup: Carrot Salad: Taco Salad

Entree: Baked Greek Chicken with Potatoes, Seasoned

with Greek Spices and Lemon Served with a Side Salad

Soup: Tortilla Salad: Taco

Entree: Breakfast for Lunch Potato, Sausage or Bacon Burrito Filled w/ Egg and Cheese Served w/ Iced Coffee

Soup: Tortilla Salad: Greek

Entree: Bone-In Chicken Wings w/ BBQ or Buffalo Sauce, Potato Salad, Celery and Carrot Sicks w/ Ranch Dressing & Mini Carrot Cake

Soup: Tortilla Entree: Chicken Pho Soup \$9.00

Served w/ Bok Choy, Basil, Green Onions, Lime, Cilantro, Jalapeños, Hoisin Sauce & Chili Sauce

28 Soup: French Onion Salad: Italian Pasta

Entree: Green Chicken Enchiladas Served with Refried Beans, Mexican Rice & Red Salsa

Soup: Albondigas Salad: BBQ Chicken

15

Entree: Carnitas Tacos (2) Homemade Carnitas w/ Corn Tortillas - Served with Pico de Gallo, Cilantro, Onion, & Side Green Salad

Salad: Southwest Entree: Teriyaki Chicken

Served with Garlic Noodles, Green Onions & Veggies

Soup: Asian Dumpling

22 Soup: Chicken Rice Salad: Classic Mexican Summer w/ Lime Dressing **Entree:** Spaghetti

> with Meat or Marinara Sauce Served with Green Salad and Homemade Garlic Bread

29 Soup: Tortilla Salad: BBQ Chicken Entree: Baked Potato

Choice of Steamed Broccoli/ Carrots & Cheddar Cheese or Chili Beans w/ Green Onions

This institution is an equal opportunity provider.

Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches

Soup: Tortilla

Gluten Free Bread available upon request

Soup: Tortilla

Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches

Gluten Free Bread available upon request

23 Soup: Tortilla

Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches

Gluten Free Bread available upon request

30 Soup: Tortilla

Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches

Gluten Free Bread available upon request



Café Pricing:

Soup Bowl: \$6.00 Soup Cup: \$4.50

Whole Sandwich: \$7.00

1/2 Sandwich: \$3.50 Regular Salad: \$7.50

Petite Salad: \$6.50

Soda, Water or Iced Tea: \$1.25

Chips: \$1.25

Scan QR code to download menu



Did you know that you can add money to your account via cash or check?

For more information about our menus, please visit: gardengrove.healtheliving.net.



of an Entrée